



# HOUNSFIELD HEIGHTS – BRIAR HILL BEACON

OCTOBER 2011

## Hounsfield Heights-Briar Hill

# Community Association Annual General Meeting

**Wednesday,  
Nov. 16, 2011 at 7 pm**

HHBH Community Hall  
1922 – 14 Ave. NW.

*Entrance is on the west side of the gymnasium.*

*See story on page 4.*

## - Calendar of Events -

*Send us information about your  
annual or one-time event.*

- Community Board Meetings**  
Second Thursday of the month  
7 pm, Community Boardroom  
Next three: Oct. 13, Nov. 10, Dec. 8
- HHBH CA  
Annual General Meeting**  
Wednesday, Nov. 16  
Community Boardroom
- Halloween Hey Day**  
Friday, Oct. 28, Briar Hill School
- Tot's Time Play Group**  
Mondays, 9:30 – 11:30 am  
Community Gym
- Women's Soccer Night**  
Thursdays, 8 – 9 pm, Community Gym
- Family Open Gym Night**  
Fridays, 6:30 – 8 pm, Community Gym

## HHBH cleans up its act

HUGE thanks once again to Brenda Domeij for coordinating another very successful Community Clean-Up on Sept. 24.

The event, which provides an opportunity for local residents to access trash compacting trucks as well as metal and electronics recycling in the Community Association parking lot, attracted dozens of contributors as well as local volunteers.

*cont'd on page 3*





## HHBH Community Association Board

President	Kellie Johnston	475-3763
1st Vice-President	Carol Sandahl	284-5851
2nd Vice-President	Norm Anderson	807-2134
Treasurer	Whittier Skaug	587-896-7248
Secretary	Mara Grunau	283-9091
Director, Education	Sonya Ventura	226-4800
Director, Land Use	Terry Woods	701-8856
Director, Sears Plume	Emmanuel Malterre	282-0813
Director, Facilities	Gunter Sammet	210-2603
Co-Director, Facilities	Robby Sidhu	605-9120
Director	Tejinder Paul Sidhu	383-7029
Director	Kevin Taylor	863-4445
Director	David Winkler	680-7231

*Board meetings are held at 7 pm on the second Thursday of each month (except July and August) in the Community Hall meeting room. Residents are welcome and encouraged to attend.  
To include an item on the agenda, please contact the Board at least one week prior to the meeting.*

### **Contact the HHBH Community Association at:**

**Mailing Address:** Box 65086, RPO North Hill Calgary, AB T2N 4T6

**Phone:** 282-6634 (voice mail)

**Email:** [admin@hh-bh.com](mailto:admin@hh-bh.com)

*(phone messages and emails are checked 1 – 2 times per week)*

**Beacon Submissions to:** Editor

email: [thebeacon2005@hotmail.com](mailto:thebeacon2005@hotmail.com)

Deadline for submissions for next issue: November 15, 2011

**Beacon Ads:** [admin@hh-bh.com](mailto:admin@hh-bh.com)

**Boardroom/Gym Bookings:** [bookings@hh-bh.ca](mailto:bookings@hh-bh.ca) or 282-6634

**Website:** [www.hh-bh.ca](http://www.hh-bh.ca)

***Boardroom/Gym 1922 – 14 Avenue N.W.***

*Parking is west of the Louise Riley Library, accessed via the library driveway.*

*Hall/Gym is located NE of our parking lot, just across the soccer field.*

**The HHBH Gym and Boardroom schedule can be viewed online at [www.hh-bh.ca](http://www.hh-bh.ca).**

**Community Clean-up** cont'd from page 1



*The three amigos on this year's Community Clean-up  
Bonnie Pratt, Mara Grunau & Brenda Domeij (organizer)*

Once again, the most popular part of the event was the “Give and Take” area, where residents dropped off items they could no longer use in their own homes and others eagerly snatched them up – this year, we saw everything from furniture, shelving and cabinetry to sporting goods, children’s toys and clothes, and patio furniture.

Thanks, too, to Louise Riley Library management and staff for cheerfully accommodating all the extra traffic through their parking lot. The library picked up a new patio table and chairs from the Give and Take area in exchange – go check out their patio while the good weather lasts!

This is Brenda’s last year coordinating the Clean-Up. She has compiled a binder of everything you need to put the event together and is willing to mentor a new volunteer coordinator – please give her a call at 289-4050 if you’re interested in taking on this very valuable community activity. If no HHBH volunteer steps up, the event will likely be taken on by Banff Trail volunteers next year – our thanks to them for their support for the Clean-Up in our community over the years, too!

**Briar Hill “Recycle a Friend”  
Book Sale – new dates**

The Briar Hill School annual Book Sale is a hugely popular community event and a great fundraiser for our neighbourhood elementary school. It’s also a great opportunity to warm up the winter months by chatting about favourite books with neighbours you might not otherwise see until spring in a nice warm school gym.

Book Sale coordinator Shelley Harrop-Grant wants to get the word out early that this year’s sale will run Monday to Thursday, March 12 – 15, 2012.

“That’s two weeks before Spring Break,” she emphasizes. Because it has “traditionally been Tuesday to Friday the week before Spring Break, I want to announce the change early and often!”

Shelley already has a jump on collecting books for the next sale – North Hill Mall offered the school space at its May Earth Day event, and several hundred books were collected. If you’d like to donate books to this year’s sale, you can drop them off at the school between Feb. 27 and March 9.

*Welcome!*

To Sonya Ventura, who joined the HHBH CA Board in September as Education Director. Thanks, Sonya!

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## **Sprucing up the school – again!**

*By Val Mumford, Project Coordinator*



Last spring, our community mobilized to re-paint Briar Hill School. This spring, teachers, parents, students and community residents rolled up their sleeves and got out their gardening gloves to give the school another makeover. This time, the goal was to improve schoolyard safety by replacing a hazardous concrete pad with new landscaping adjacent to the playground.

This was a joint project with the Calgary Board of Education and Briar Hill Parent Council. Many thanks to all the parents, students and staff of Briar Hill who volunteered their time, talent and muscle to make quick work of the job. Special thanks to the CBE, especially Keith Brady who ensured the success and completion of the project, volunteer coordinator Patsy Montgomery, KIWI IRRIGATION, ULS, Home Depot and Starbucks.



## **Hounsfield Heights-Briar Hill Community Association Annual General Meeting Wednesday, Nov. 16, 2011 at 7 pm**

The 2011 Annual General Meeting of the HHBH Community Association will be held on Wednesday, November 16, 7 pm at the HHBH Community Hall, 1922 – 14 Ave. NW. Entrance is on the west side of the gymnasium.

For parking, please enter the Louise Riley library lot from 14 Ave. NW and proceed around to the lot on the west side of the library. The gym entrance is across the soccer field. Please do not use North Hill Mall parking.

All resident members are entitled to vote at the AGM. If you haven't renewed your membership since March, memberships will be available prior to the AGM at a cost of \$20 per household, \$10 for seniors.

The agenda will include usual business items such as presentation of financial statements, committee reports, discussion of issues facing HHBH, and election of the Board of Directors. This year there will be no proposed bylaw changes or other special resolutions.

There will be positions to be filled on the Board. Please consider volunteering. Call a current board member (contact info is on page 2) if you have questions about what is involved or if you know someone who might be a great addition to the Board. Even if you don't want to be CA Director, do come out for an evening with your neighbours.

**Come to the AGM – there's a lot going on in  
HHBH  
... and there'll be refreshments!**

## Kari Brawn - A familiar face at the helm of Louise Riley Library

Story and photo by Melissa Arthur



Dreams really do come true – at least for Kari Brawn.

Brawn grew up in Briar Hill and spent countless hours in the Louise Riley Library, returning home with armloads of books. Other girls might have been playing pretend ballerina or brain surgeon, but Kari would play librarian.

“I’d make my sister sign out all my books off my bookshelf,” said Kari, laughing.

This past summer she took over management of the neighbourhood library.

The Louise Riley Library is familiar to residents in the adjacent neighbourhoods and is well regarded as one of the busiest libraries in Calgary.

After some time living in Vancouver, Brawn relocated back to Calgary. Seeking a similar vibrant and eclectic community, she didn’t have to think long before deciding to move back into the same area where she grew up and where her parents still reside.

“Here, you’ve got the ability to pretend you’re living in a little town right in the middle of this huge city,” said Brawn, speaking of her current area of West Hillhurst.

“It’s such a stable neighbourhood and everyone’s parents still live here and some others have actually bought into the neighbourhood or moved into their grandparents’ houses,” she said while describing an impromptu reunion with old classmates at Dairy Lane Cafe, a neighbourhood institution and gathering place for current and former Queen Elizabeth High School students, including Brawn herself.

Having so many familiar faces close by has helped ease the transition into her new role.

“I get lots of input from all my friends’ parents,” said Brawn, adding that her own parents visit the library almost every day.

With such a clear sense of community, it’s obvious why those who leave often return, and why many choose never to leave at all.

Brawn has truly come full circle in this dynamic community and is eager to continue to make her contribution in the very role she’s been waiting years to fill.

Stop by the Louise Riley sometime soon and say hi. But, fair warning – you’re still going to have to go through check-out to get books off Kari’s shelves.



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## Take the Winterization Challenge

In November, HHBH residents will have the opportunity to save money and be environmentally responsible by being part of a drive to winterize older homes.

You can participate either by registering to have your home winterized for free on November 5, 2011, or by being one of the volunteers who does the winterizing. No previous experience is required as volunteering will include a short training session the same day as the winterization activity.

The drive is organized by EcoLiving Events of Calgary, a volunteer-run organization founded by Judi Vanderbrink about nine years ago to promote information exchange about creating a healthy and sustainable environment.

This is the second year of the Winterization Challenge; last year, only Bowness residents were able to take advantage of the program, but HHBH is part of the program for 2011.

“Our main target is seniors,” she told the September meeting of the HHBH CA Board. “They’re the ones who most need the winterization done on older homes, and it makes such a difference in increasing their comfort during the winter and also reducing their utility costs. But often they’re uneasy about having strangers in their homes to do it.”

That’s why the Challenge recruits local people from the neighbourhood as volunteers to do the bulk of the work, she said.

If you’re interested in finding out more about the Winterization Challenge and participating as either a homeowner or a volunteer (or both), visit EcoLiving Events’ website, [www.ecolivingevents.ca](http://www.ecolivingevents.ca) or email [info@ecolivingevents.ca](mailto:info@ecolivingevents.ca).

**Registration deadline is October 14**

## Community Policing

### **Cst. Levesque is back!**



*Community Liaison Officer  
Constable E. Levesque*

Constable Eric Levesque is back as our Community Liaison Officer after taking other assignments with the Calgary Police Service (CPS) as a Crime Management Officer and Sergeant of the police mountain bike team.

At the September HHBH CA board meeting, he said that while break-ins are down in our neighbourhood compared to last year, “District 3

officers continue to be vigilant in attempting to minimize the number of break-ins (B&Es), and have had considerable success in the past year arresting serial B&E criminals. Often, criminals who commit break-ins do many of them prior to being caught. The reduction of break-ins is often

related to offenders spending time in custody. When offenders are in jail; they are not committing crimes in the community.”

He said that in August 2010, HHBH residents reported six break-ins; this year, there were only three during the same period.

“The biggest defence against these types of crimes is the neighbourhood,” he said. “Environmental design can help, too – a well-kept yard that’s not closed off from view is less likely to be a target. But the best deterrent we can have is when folks really care about one another and the neighbourhood and look out for one another.” In other words, call police when you see someone suspicious around your neighbourhood.

Cst. Levesque also discussed the partnership between CPS and The Homeless Foundation in a collaborative approach to a serious social issue – homelessness.

*cont’d on page 7*



## EcoLiving Events Home Winterization Challenge

November 5th, 2011 9:00am - 1:00pm

**BOWNESS AND HOUNSFIELD HEIGHTS/BRIAR HILL**

**Winterizing your home:** Stop air leaks with caulking and weather stripping, insulate your heated pipes, insulate your hot water tank, install a programmable thermostat, change your furnace filter, and add plastic to your windows is a start.

Simple Ways To Winterize



Further Steps To Take



Get your team together to help out a community. Learn how to winterize homes from an expert, and winterize a local home all in ONE morning! A winterized home is more energy efficient, has lower utility costs and is more comfortable in the cold winter months.

### Are you one of the following:

#### Team of six people?

Fundraise, learn and get hands-on experience! (Minimum \$250 fundraising for supplies)  
(Great team building / community service opportunity)

#### Business?

Donate supplies for a great cause (caulking, weatherstripping, furnace filters, etc)

#### Renovation Master?

Volunteer your time and expertise for the day (Great way to showcase your business)

#### Bowness and Hounsfeld Heights/Briar Hill homeowner?

Get your home winterized for FREE!

### Participate by:

Registering by **October 14, 2011**

(Send us an email or check out the website for forms)

### For more information:

To make a donation or other interests

(Send us an email or call 403-288-6046 or 403-874-6046)

[info@ecolivingevents.ca](mailto:info@ecolivingevents.ca)

[www.ecolivingevents.ca](http://www.ecolivingevents.ca)

## Community policing cont'd from page 6

“In the last year, the Homeless Foundation and its partner social agencies have housed 2,300 people with an 85% – 90% retention rate – that means they’re staying in the housing, not heading right back out on to the streets,” he said. He added that he is aware of two or three transient people who frequent our neighbourhood and are currently causing some

issues, and he will be making an effort to involve them in this program.

“Some of these folks, once they get housing, do stabilize. In some cases they start accessing mental health care, addiction services and other support services; we’re seeing some success with that,” he said. “We have seen some individuals in our District who have stopped causing issues in

the community as a result of the initiatives of the Homeless Foundation.”

If you would like to contact Cst. Levesque, his office number is 567-6300 and cell phone, 620-4185. For non-emergency reporting, call 266-1234, and 911 for emergencies and crimes in progress.

# BOO!

## It's time to get ready for Halloween Hey Day

Our annual community celebration of all things creepy and creative

will be held on **Friday, October 28**

at **Briar Hill School from 6 - 7:30 pm.**



So it's time to:

Think about *costumes*. Costumes aren't compulsory, but certainly encouraged for adults as well as children. However, *no full-face masks* for adults and BH School alumni, please.

Let us know if you have any *great ideas* for Halloween features or events. This year we plan to feature perennial favourites including:

- Haunted House
- Fortune Teller
- All those cool games in the gym
- Photo booth
- Cookie decorating
- Witches' Brew cafe

Consider volunteering. We need **DOZENS** of volunteers to:

- Greet people at the door
- Sell game and food tokens
- Run games
- Sell popcorn
- Set up and decorate
- .... and much, much more!

If you'd like to learn more or offer to help, contact one of this year's coordinators:

Marsha "SCARE" Fehr (mfehr@telusplanet.net)

Kathy "CRUSH" Bush (bartbush@hotmail.com)

Shelley "DEVILISH" Dunbar (shellot@shaw.ca)

Halloween Hey Day is always a howling success – a great community-builder that also raises money for our school council. Everyone is welcome and admission is free (coupons for games and treats can be purchased at the door). This is a family event – please note all children and youth must be accompanied by a parent/guardian.



## Kids: unleash your imaginations!

The Calgary Children's Book Fair and Conference is once again proud to present the Children's Fiction Writing Award, in which children will unleash their own incredible imaginations to create a truly unique story.

The designated genres for the award are science fiction, fantasy and mystery. The winning stories in each age group will be professionally edited, then collected into an anthology, featuring not only the story, but also a photograph and biography of the author, to be printed by our wonderful sponsors at Blitzprint. Each young author in the anthology will also receive ten complimentary copies of the anthology for friends and family.

The winning entries will be announced at the Calgary Children's Book Fair and Conference on November 26, 2011. On their website (<http://www.calgarybookfair.com/childrenscontest.php>) you can read the winning entries from 2010 at and also those from 2009.

For further details about the contest and for information on how to register, please visit the website.



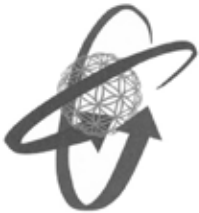
## Hounsfeld Heights - Briar Hill Community Kindergarten

### Spaces available in our Community Kindergarten

Room 11, Briar Hill School  
1233 - 21 St N.W.

**Registration is ongoing...please call or  
visit our website to learn more.**

**[www.hhbhkindergarten.ca](http://www.hhbhkindergarten.ca) or  
call 403-220-9775**



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If your needs involve GST, corporate filing or personal tax our team would be happy to find solutions for you.  
**Just give us a call.**



# memberships

Your annual membership is good from April 1 through the following March 31 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/ household or \$10 for seniors, including GST. Simply fill out this form and mail it in.

## HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION 2011-12

Family Name(s): \_\_\_\_\_

First Name - Adults:      1. \_\_\_\_\_      2. \_\_\_\_\_

First Name - Children: \_\_\_\_\_  
(please provide ages) \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Would you prefer to receive the newsletter by email?    yes     no

I would be interested in volunteering for:

- |  |  |
|--|--|
| <input type="checkbox"/> Land Use                  | <input type="checkbox"/> Membership Drive    |
| <input type="checkbox"/> Green Space/Reforestation | <input type="checkbox"/> Children's Programs |
| <input type="checkbox"/> Fundraising               | <input type="checkbox"/> Seniors' Programs   |
| <input type="checkbox"/> Facilities/Ice Rink       | <input type="checkbox"/> Sports Programs     |
| <input type="checkbox"/> Communications/Newsletter | <input type="checkbox"/> Social Activities   |
| <input type="checkbox"/> Other                     |  |

Membership # \_\_\_\_\_  
Valid through March 31, 2012

Annual membership (including GST) is :

- \$20 per household
- \$10 for seniors

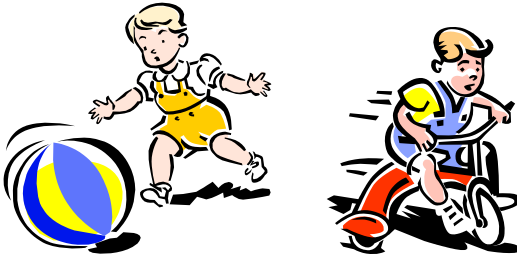
Paid by:    cash     cheque

*Send cheques payable to Hounsfield Heights-Briar Hill Community Association  
Box 65086 RPO North Hill, Calgary AB T2N 4T6*

*Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.*

The Hounsfield Heights-Briar Hill gym and board room schedule can be viewed online at [www.hh-bh.ca](http://www.hh-bh.ca). We are planning on adding improvements to the site over the coming months.

## Hounsfield Heights / Briar Hill (HH/BH) TOT'S TIME PLAYGROUP



We are an informal, caregiver-supervised playgroup providing a venue for physically active, social interaction among babies, toddlers and their caregivers in the community. Our morning consists of free play in the gym, story time and snack time.

### **Come check us out!!**

- When: Mondays, 9:30 - 11:30 am  
Where: HH/BH Gymnasium 1922-14 Avenue NW
- North of Louise Riley Library
  - Entrance is on SW corner of gym; parking is west of library
- Cost: \$20 per family (Sept. - May) plus community membership  
Alternating families provide snack for all children

For more information, contact Rebecca or Tania at  
HHBHtotsttime@hotmail.com

Get  
community  
news online

Did you know you can receive the Beacon and other community notices by email? If you're interested, just send your email address to: [admin@hh-bh.ca](mailto:admin@hh-bh.ca)



Celebrating

55

Years!

Check our website for features from our October 1 Kindergarten Anniversary Party!

## Louise Riley Library

1904 - 14  
Avenue NW

### Hours

Monday - Thursday from  
10 am - 9 pm

Friday & Saturday from  
10 am - 5 pm

Sundays  
12 pm - 5 pm

*Programs are **FREE**  
with your library  
card.*

*Register in person, by  
calling 260-2620 or  
online at  
[www.calgarypublicli-  
brary.com](http://www.calgarypubliclibrary.com)*

# At *your* Library

October 2011

## At the Library you can get your paws on a great book!



**Story Pals:** Trained Pet Access League Society volunteers and their highly socialized dogs provide a calm, accepting presence for struggling readers to practice reading aloud.

Ages 6 to 12.

Thursdays, Oct. 20 to Nov. 24  
7 - 8 pm.

**Using the Internet for Career Planning:** Learn effective strategies using websites and databases for career planning. In partnership with Alberta Employment and Immigration. Thursday, Oct. 20, 5:30 - 8:30 pm.

**Coffee & Conversation:** Join us for coffee, conversation, and presentations of interest.

Ages 50 and up. Mondays, Oct. 17, Oct. 31, and Nov. 14, 2 - 3 pm.  
No registration required

**Flipbook Animation for Teens:** Learn to make your own cartoon animation by creating a take-away flipbook. Presented by Quickdraw Animation Society. Ages 13 to 17  
Saturday, Nov. 5, 2 - 3:30 pm.



**Teen Movie Night!:** Enjoy a feature-length film at the Library. Call branch for movie title. Ages 13 to 17. Tuesday, Oct. 18, 7 - 8:30 pm.

*See you soon at the Louise Riley Library!*



Hounsfield Heights/Briar Hill

# Youth Badminton

Get in on one of Canada's fastest-growing sports – competitive badminton!

For players ages 9 - 12  
(beginner level)

For players aged 13 – 15 yrs  
(intermediate level)



## New Fall Session - 10 Classes

Beginner: starts Sept 26, 2011  
Mondays from 5:30 - 7 pm

Intermediate: starts Sept 28, 2011  
Wednesdays from 5:30 - 7 pm

**Cost:** \$100.00  
plus \$20 HHBH community  
membership if needed (GST inc.)

**Location:** HHBH Community Gym  
1922-14th Ave NW  
(north across field from Louise Riley Library)

**Registration:**  
Ongoing starting September 1, 2011

- 1:6 coach to student ratio
- Coaches are Level 1 & 2 qualified by Badminton Alberta
- Max. 14 students per session



For information call:  
Lorne Cowan  
Phone: 289-0921  
Email: [lorne2@telus.net](mailto:lorne2@telus.net)

## Canzonet

Kodály Music Explorers Program

For children ages 3-8

Through Songs, Rhymes and Singing Games  
children learn musicianship skills.

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## Briar Hill

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## To everything, there is a season...

Fall has arrived and now is the time to get your yard ready for the winter so that the spring clean-up is less tedious and the lawn, plants, trees and shrubs are healthier.

- ✓ **Grass:** Grass must be less than six inches (15 cm) tall according to the Community Standards Bylaw, but three inches is optimal. Late fall is the best time to apply fresh seed to renew a lawn; the seed lies dormant under the snow and germinates the following spring with the moisture of the melt.
- ✓ **Leaves:** Raking the lawn ensures your grass won't suffocate under a burden of fallen leaves. Remember that under the Community Standards Bylaw, it is illegal to burn leaves and yard waste in Calgary.
- ✓ **Weeds:** According to the latest version of the Alberta Weed Control Regulation, weeds are now divided into two groups: noxious and prohibited noxious. The growth of noxious weeds must be controlled and prohibited noxious weeds must be destroyed. Dandelions are not considered weeds but grass, and should be dealt with accordingly. The Oxeye Daisy (see photographs) is an example of a noxious weed commonly found in Calgary yards this year. Fall is the best time to get rid of weeds so they don't surprise you in the spring.



<http://www.wheatlandcounty.ca/files/ID%20Book%202010%20-%20-%20Final%20-%20Copy.pdf>

- ✓ **Plants:** Leave perennials standing until next spring, but remove fallen fruit and leaves as these may house disease-causing organisms that can rise again next spring for a renewed assault. The City of Calgary Healthy Yards program provides guidelines for beautiful



and healthy yards by using an environmentally friendly approach to yard, lawn and garden care.

- ✓ **Trees and shrubs:** Keep trees and shrubs on your property trimmed so they don't interfere with pedestrians or vehicles. Consult the Street Bylaw for further information.

Reduce watering of trees and shrubs in the fall, but give all evergreens one heavy watering as close to freeze-up as possible. This will prevent dehydration over the winter. For more information about yard maintenance, visit the new and more user-friendly City of Calgary website at [calgary.ca](http://calgary.ca) and search "Bylaws."

Enjoy the fall and its colours!

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## Safe and considerate fire pit usage

An evening around a fire pit is a favourite pastime for many Calgarians. The City of Calgary Animal & Bylaw Services partners with citizens to help ensure high standards of public health and safety. This includes the regulation of fire pits as outlined in the Community Standards Bylaw.

Animal & Bylaw Services receives many complaints related to excessive smoke from fire pits. Only clean dry firewood is permitted to be burned in fire pits. You cannot burn treated or painted lumber, wet or unseasoned wood, lumber containing glue or resin, yard waste such as leaves or grass, garbage, rubber, plastic or any animal parts.

If you would like to learn more about the "Fire on Premises" section of the Community Standards Bylaw visit [calgary.ca](http://calgary.ca) and search "fire pits" or call 3-1-1 and request to have Animal & Bylaw Services mail you a 'Fire pit usage within Calgary' leaflet.

Let's work together to make sure our nights spent by the fire are safe and fun for all Calgarians.

## Mentor a Queen E Teen

Are you interested in becoming a mentor to a young person in the Hounsfield Heights Briar Hill community? Your experiences and guidance could be the perfect fit for a student at Queen Elizabeth High School. Big Brothers Big Sisters of Calgary and Area (BBBS Calgary) has a program at this school called mPower Youth. Mentoring matches teenagers with a mentor to answer difficult questions about growing up and setting goals. As a volunteer mentor, you don't need to have all the answers. Being a mentor is simply about listening and encouraging.

Students are looking for different qualities in a mentor. For example, one Grade 11 student moved to Calgary to live with her relatives because she wasn't making positive life choices at home. Although she made the right choice in moving, she is now one of six children in the household and gets very little one-on-one time with an adult. She would love to have a mentor to talk with about being in a new city and making friends. Another Grade 10 student is looking for someone to talk to about attending post-secondary education such as how to pay for it, where to live and what program to take. A boy in Grade 10 wants a mentor that is fun and laid back, but will encourage him to meet deadlines and try his hardest because his parents have high academic expectations.

To become a mentor and make a difference, visit [www.bbbscalgary.com](http://www.bbbscalgary.com) or call 403-777-3535.



## Hounsfield Heights/ Briar Hill Parent-Child Cooperative Playschool

A place for 3 to 5 year olds to play, grow and learn

We are located in  
Briar Hill School, Rm. 13  
1233 - 21 St. NW

Phone: 210-5126  
[www.hhbhplayschool.ca](http://www.hhbhplayschool.ca)



## IT'S TIME TO RENEW YOUR RESIDENTIAL PARKING PERMITS

This is a reminder that Residential Parking Zone W permits **expire December 31<sup>st</sup>, 2011**. You may obtain your year 2012/2013 permits beginning **November 1<sup>st</sup>** from the Calgary Parking Authority. Your permits may be renewed in one of the following ways:

1. The permit may be picked up at our office at the address listed below. The bylaw requires that you present a **valid ALBERTA vehicle registration for each vehicle requiring a permit, showing the correct address within the restricted zone.**

### PLEASE DON'T FORGET YOUR VEHICLE REGISTRATION!!

2. If you wish, you may mail or fax a photocopy of your **entire valid vehicle registration(s) along with a copy of some other proof of address, such as a cable or utility bill** (Drivers' license does not fax well). We will mail your permit to you. See address and fax number below. **Be sure to allow enough time for mailing.**

### CALGARY PARKING AUTHORITY

620 - 9 Avenue SW  
Calgary, AB T2P 1L5  
Phone: (403) 537-7000  
Fax: (403) 537-7001

Business hours - 8:00 a.m. - 4:15 p.m. Mon.-Fri.

*It is your responsibility to renew your permits in a timely manner in order to avoid receiving a parking violation tag.*



**Alberta Health  
Services**

*Emergency  
Medical  
Services*

## Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some basic Halloween safety tips as October 31<sup>st</sup> approaches. As a member of the UNICEF *Partners for Safety*, ambulances, along with police, fire, bylaw, transit, and Shaw Cable vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

### Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked cross walks or well lit corners only. It is safest to work your way up one side of the street and then cross once to the other side.
- Stay away from houses that are not well lit and do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times and advise them if you will be late returning.

### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups of three or more.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

### Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods or wands, should be soft and flexible with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair vision or breathing.
- Be sure costumes are loose enough to be worn over warm clothing – but not so baggy or long they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

## Celebrating Senior Pets

By Bill Golbeck, BSc, DVM, Westmount Animal Clinic

“Old age” is not a disease! It is a natural process which brings with it a variety of changes which can affect your pet’s quality of life. Identifying those problems in an early stage gives us a much higher success rate in keeping the pet as healthy as possible for as long as possible. An example is Chronic Kidney Failure, which, when diagnosed in the early stages, often responds to specific diet changes which can significantly lengthen and improve your pet’s quality of life.

Just remember that all pets are different and that they age at different rates depending on a variety of factors, including genetics, nutrition and environmental conditions.

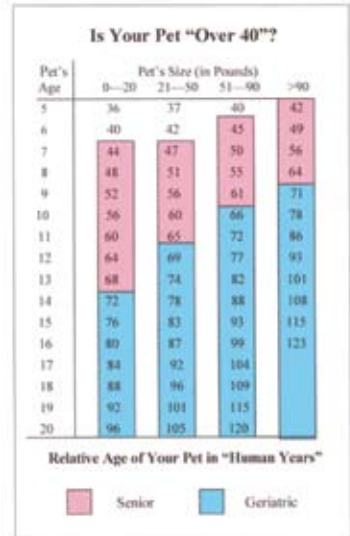
Healthy adult pets should be examined at least once yearly to evaluate their weight, skin and teeth as well as the other major organ systems. Since older pets are at increased risk for problems in these areas, they should be seen at least twice yearly. Remember: the earlier we can detect problems, the more we can do to minimize the effects of the problems.

Many veterinary clinics offer “Geriatric Wellness” programs that are designed to identify any health issues and provide specific recommendations based on your individual needs.

### Is my pet old?

#### Find Your Pet’s Age in “Human Years”

Using the chart, locate the relative age of your pet in “Human Years”.



## 3 Lines Free

**LOST CAT** Name: Henry  
 Colour: Cream  
 Gender: Neutered male with blue eyes  
 Breed: Flame Point  
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 Marc Bewers: 975-3983

*This area is intended as a free service to community residents (no business ads please). Please keep submissions to about 15 – 20 words, and don’t forget to include your name and contact info. Parents must make submissions for children under 16.*

## Thursday Night Women’s Soccer

Come join us for seven weeks of fun and exercise at Briar Hill Gym. The weekly program will include a warm up and skill development, then a scrimmage for the rest of the hour. No soccer experience is required but a basic fitness level is suggested to avoid injury.

When: Thursday nights  
 8 - 9 pm  
 Oct. 20 – Dec. 1, 2011

Where: Briar Hill Gym

Cost : \$50 for Community Association members  
 \$70 for Non-members

Equipment: Indoor runners or soccer shoes and shin pads

For more information contact Norma at 289-3130.

## Changes coming to Crowchild

The City of Calgary Transportation Planning Department is in the process of initiating a Corridor Planning Study along Crowchild Trail from 24 Ave. NW to 17 Ave. SW. The study is in the early stages and is in the process of finalizing the scope of work.

The original functional study for this corridor, titled the Crowchild Trail North Functional Planning Study, was prepared in 1978. The study developed a plan for Crowchild Trail that would implement free-flow conditions from 24 Ave. to Kensington Road NW. The plan

outlines interchanges at Kensington Road, 16 Ave. and 24 Ave. The current study will identify the need for these interchanges, along with addressing access and interchange configurations at these locations. There is currently no time frame as to when Crowchild Trail will be upgraded to free-flow conditions, as this project is currently not included in the 10-year Transportation Infrastructure Investment Plan.

The purpose of this study is to update this plan to align with the newly approved Calgary Transportation Plan 2009 and land use planning initiatives

in the area such as the West Village Area Restructure Plan, Banff Trail ARP, West Light Rail Transit, SW Bus Rapid Transit and South Shaganappi ARP currently underway.

Crowchild Trail is the primary river crossing west of the downtown and currently carries over 100,000 vehicles per day across the Bow River. In addition, the regional pathway, located on a structure under Crowchild Trail over the Bow River, is a link in the Primary Cycling Network and the only pedestrian connection between Edworthy Park and 14 Street NW.

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## Ward 7 Update

*By Ald. Druh Farrell*

Calgary was an exciting place to be this summer and I hope you had a chance to enjoy the city's many festivals.

The first year of this term has gone by quickly, and your new Council has accomplished much. With the support of my colleagues, I brought forward several matters that will benefit Ward 7 residents and Calgary as a whole. Some of these include: a new suburban development levy to better reflect the cost of growth, resulting in a more equitable funding model for established communities; a Comprehensive Cycling Strategy that will make getting around town safer and easier for everyone; a Plain Language Policy to eliminate jargon and improve communication with City Hall; and the funding and site location for a new main library. It has been a busy year!

I would like to congratulate the Ward 7 groups who are celebrating major milestones. Cheers to Triwood Community Association for 50 years of service, the Golden Age Club 60th Anniversary, and the Calgary Drop-In

Centre for 50 years of helping Calgarians in need. Terrific new playgrounds were installed in West Hillhurst and Hillhurst/Sunnyside, and Dalhousie has big plans in the works. Highwood unveiled their community mural, and new splash pads opened in Cambrian Heights and Crescent Heights in time for the kids to cool down this summer. I'm thrilled with the number of new community gardens and orchards in the Ward and we are looking forward to a big harvest this fall!

Send us your photos of cool Ward 7 stuff for our new Ward website ([druhfarrrell.ca](http://druhfarrrell.ca)) and enter to win a City of Calgary picnic blanket. Email photos to [Ward07@calgary.ca](mailto:Ward07@calgary.ca). We can't wait to see the creative and unusual things that make our Ward so interesting! Don't forget to visit our new Ward 7 website ([www.druhfarrrell.ca](http://www.druhfarrrell.ca)), like us on Facebook and follow us on Twitter [@druhfarrrell](https://twitter.com/druhfarrrell).





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## Family Drop-in GYM TIME

Free for HHBH Community  
Association Members Only

**Fridays 6:30 - 8 pm**

Bring your neighbours.  
Play badminton/volleyball/basketball.

### HHBH Seniors: Plug in here for electrical help



Licensed Master Electrician will do any minor electrical repairs for local senior citizens free of charge.

Please call Tejinder Paul Sidhu 383-7029  
Monday to Friday, 9 am to 5 pm.



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Advertisements are subject to space availability.

Rates are:	\$30 per issue	1/8 page
	\$40 per issue	1/4 page
	\$60 per issue	1/2 page

Prospective advertisers should contact [admin@hh-bh.com](mailto:admin@hh-bh.com)



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Briar Hill is the community that we call home. It follows naturally that where we live, work and play is where we provide our services to friends and neighbors. This is the community where we were raised and have chosen to raise our families.

Being that this is an area in the city we love, it is also fitting that we love to sell this community. As much as we sell homes, it is also true that we sell communities. And while we align the needs of our clients with properties, it is common for us to find ourselves promoting the part of this city we call home.



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