

APRIL 2019

DELIVERED MONTHLY TO 2,000 HOUSEHOLDS

your **HOUNSFIELD** HEIGHTS **BRIAR** HILL BEACON

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



TO STAY UP TO DATE ON COMMUNITY HAPPENINGS, PLEASE LIKE US AT WWW.FACEBOOK.COM/HHBHCA AND FOLLOW US ON TWITTER @HHBHCA

THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER | www.hh-bh.ca

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca

PENNY FAUSTA

A new approach to community pharmacy

We are a full service pharmacy built on a foundation of personal care and compassion for our customers.

We take pride in offering healthy, fresh and vibrant products in our comfortable and inviting storefront.

We are active and dedicated members of the community.

Come by and see us for:

- Prescriptions
- Rx Compounding
- Medication Reviews
- Travel Vaccines
- Flu Shots
- Health & Beauty Supplements
- Personal Care
- Skin Care



We're here to help

1 403 455 6580 | 217 - 19 St NW | pennyfausta.com |  pennyfausta |  pennyfausta

Summer Camps

AGES 3-12



freehouse
dance plus

403-282-0555

www.freehousedance.com

2020 12 Avenue NW

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

social media advertising / management

geofenced digital / video advertising

community magazine advertising

app / web / seo / ad words

info@greatnewsmedia.ca



CONTENTS

5 COMMUNITY PROGRAMS

7 NEWS FROM THE FRIENDS OF NOSE HILL

8 HULA HOOP FITNESS

10 BUSINESS CLASSIFIEDS



Disclaimer

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Hounsfield Heights-Briar Hill Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Hounsfield Heights-Briar Hill Community and/or Residents' Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



Your Hounsfield Heights Beacon - Briar Hill Beacon
- Designed, manufactured, and
delivered monthly to 2,000 Households by:

GREAT NEWS MEDIA 
LEADERS IN COMMUNITY FOCUSED MARKETING

Magazine Editors

Vanessa Gillard
Alexa Takayama
news@greatnewsmedia.ca

Design | Graphics

Rosemarie Bartschak
Joanne Bergen
Marina Litvak
Freddy Meynard
Carolina Tatar

Advertising Sales

Sam Brown
Susan Lavoie
Kay Petryk
sales@greatnewsmedia.ca | 403 720 0762

5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



To Advertise Call 403 720 0762
Email sales@greatnewsmedia.ca

GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING

SCHOOL SHOUT-OUTS

Queen Elizabeth High School

Spring is here! We hope that all CBE families had a wonderful Spring Break and they are ready to take on the final months of the school year.

Our Senior High Boys soccer team has started up. This team is open to all high school grades. Our coaches and students will work to defend their winning season last year.

Ms. Hewitt's Leadership 8/9 classes have committed themselves to the Plastic Bag Grab challenge. There will be a series of challenges and activities that bring attention to the issue of plastic waste. There will be an opportunity for students to bring in their plastic bags for as contributions to the challenge. For more information, please contact Megan Hewitt at mahewitt@cbe.ab.ca.

An Information package about Graduation 2019 is on the Queen E website. This wonderful occasion will be on Tuesday May 21 but the preparations have long been underway. The information package has details about the date, time, procedure and cost. On the website are also the forms that needed for tickets to Graduation Ceremonies at SAIT as well as the Graduation Banquet at Winsport. Tickets for SAIT are free but the banquet tickets do carry a cost. Tickets can be obtained during lunch periods between April 22 and May 3. If there any further questions or concerns, please contact Rachel Pruitt at rdpruitt@cbe.ab.ca.



Seniors' (55+) Discussion Group

Mondays (except holidays) from 2:00 - 4:00 p.m.

Come on out for an afternoon of socializing and amiable discussion on topics of your choosing.

Meet in the Board Room at the Hounsfeld Heights-Briar Hill community centre every Monday beginning October 1st, 2018.

Parking is available on the West side of the Louise Riley Library.

For any further information, please contact Linda, 403-284-3526

TRADE YOUR LAWN FOR VEGGIES!

We're an urban farm looking for yards to grow food.

Interested? Contact Kye Kocher:

grandtrunkveg@gmail.com

587.700.0378

Diamond Bling

One of the earliest known diamond engagement rings was given from Archduke Maximilian I of Austria to his bride-to-be, Mary of Burgundy in 1477. However, the popularization of diamond engagement rings is a fairly recent trend, and took off after a De Beers Group 1938 marketing campaign.



COMMUNITY PROGRAMS

HHBH Gym Drop-In Programs

Badminton: Tues-Fri: 9:00 am – 12:00 PM

Pickleball: Tues, Wed, and Thurs from 1:00 pm – 3:30 pm

Rates: \$5 per person, \$4 for seniors (55+)

Check our website for Saturday Night Pickleball

Family Open Gym Night

Free open gym for the community provided Friday nights when available. Please visit our website at www.hh-bh.ca/ community-open-gym-free to confirm availability.





Hounsfield Heights – Briar Hill Community Association

BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Wong, Terry	president@hh-bh.ca	
Past President	Allan, Jeff	past.president@hh-bh.ca	
1st Vice President & Programs	Sandahl, Carol	vp@hh-bh.ca	
2nd Vice President & Facilities Director	Sammet, Gunter	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Greco, Joanna	secretary@hh-bh.ca	
Land Use Director	Woods, Terry	land.use@hh-bh.ca	
Education Director	Leahy, Patricia	education@hh-bh.ca	
Sears Plume Director	Vacant	sears.plume@hh-bh.ca	
Communications Director	Vacant	communications@hh-bh.ca	
Events Planning Director	Malchow, Margaret	events@hh-bh.ca	
IT Director	Rena Hu	it@hh-bh.ca	
Strategic Planning Director	Jeff Marsh	strategic.planning@hh-bh.ca	
Executive Director	Guy Latour	executive.director@hh-bh.ca	403-282-6634
PROGRAM COORDINATORS			
Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Jen Clee	outdoor.soccer@hh-bh.ca	
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca	
COMMUNITY RESOURCES			
Louise Riley Library	Allison Thomson	allison.thomson@calgarypubliclibrary.com	403-221-2047

CONTACT

Mailing Address: Box 65086, RPO North Hill Calgary, AB T2N 4T6

Board Room / Gym - 1922 – 14 Avenue N.W.

Parking: west of the Louise Riley Library, accessed via the library drive-way. Hall/Gym is located NE of our parking lot, just across the soccer field.

Phone: 403-282-6634

Email: admin@hh-bh.ca

Beacon Submissions: beacon@hh-bh.ca

Boardroom/Gym Bookings: bookings@hh-bh.ca

The HH-BH Gym and Boardroom schedule can be viewed at www.hh-bh.ca.

For the latest news, programs and events, please visit our Official HH-BH Community Association website at www.hh-bh.ca.



Like our Facebook Page -
www.facebook.com/hhbhca



Follow us on Twitter
[@hhbhca](https://twitter.com/hhbhca)

Have an idea for a great community program or event? Send your ideas to vp@hh-bh.ca.



News from the Friends of Nose Hill

by Anne Burke

According to the Parks Department, there is a plan for Nose Hill to redesign the parking lots, signage, install posts and some fences. It is to better inform park users as to where they are on the hill and where they are allowed to go for the activities they wish to do. City Bylaw will more easily enforce the off leash/on leash area, since it will be clearly marked. The fences are planned just to show entrances to designated pathways and they are going to be post and rail, no post and cable system proposed. City Parks is going to try and make any additions of posts/fences or rocks as effective as they can be, to show boundary lines, without being too intrusive. The City is still looking for funding, so not sure when the project will start. Stay tuned.

In the mid-1960s, efforts to conserve the North Hill Coulee, a brook which remained undeveloped because of uneven terrain, was organized by the Centennial Ravine Park Society. Before Confederation Park was developed in 1966-67, natural springs led to a small creek running down the ravine. When snow melted or during a heavy rain, the valley flooded. The water was channelled into a larger stream and a system of lagoons.

Confederation Creek, a tributary of Nose Creek, runs along the bottom of the gully, and with diverted storm water, a beloved wetland that has been there since the Ice Age glaciers retreated. Friends of Confederation Creek Association, a public Facebook group, aims to preserve, protect, and restore Confederation Creek, including its watershed. The purpose is to improve water quality in the Nose Creek and Bow River basins by protecting and re-establishing wetlands as daylight water courses, such as Confederation Creek. As the group researched the history, they became aware of the significance of Nose Hill and how intertwined the history is of the Creek and development in NW Calgary, including the preservation of Nose Hill.

Weekly data is collected by CreekWatch Alberta at sites along creeks entering the rivers flowing through Calgary, Edmonton, and Red Deer. Comparisons help highlight storm water impact on creeks throughout the open water season, March-October, and a report is published annually on World Water Day.

Do You Have a Great Idea for Our Community?

We can support you make it come to life!

The Community Association is looking for people who want to join our dedicated team of volunteers. If you have a great idea for something that would improve our community, we would like to support you in your efforts to make it happen.

Some activities we would like to see someone come forward to steward and champion in our community:

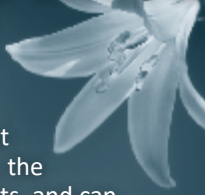
- More Seniors Activities
- Walking program
- Arts and Crafts
- Fitness

A Community Garden

We are also looking for individuals to fill the following roles on our board:

- Communications Director
- Events Director
- Volunteer Engagement Director

Did You Know?



The Easter Lily contains high amounts of steroidal glycosides, which are compounds that can be used to treat heart disease. However, the same plant is toxic to cats, and can cause damage to the felines' renal system.



**UCP Mountain View Candidate
Caylan Ford**
caylanford.com
contact@caylanford.com

Dear Neighbour,

As your United Conservative candidate for Calgary-Mountain View, I am asking for your support in the upcoming provincial election. If elected, the United Conservative Party will focus on:

Growing the economy: Alberta's economy is struggling, and unemployment rates continue to rise. We aim to attract investment, help small businesses, and bring jobs back to our province.

Fighting for our energy industry: The United Conservatives will ease the regulatory burden facing our oil and gas industry, and ensure that pipelines are built so that we get a fair price for our resources.

Improving Healthcare: We will consult with doctors and nurses to improve patient outcomes while maintaining our universal, publicly funded healthcare system.

Balancing the budget: Under the NDP government, Alberta is projected to reach nearly \$100 billion in debt. The United Conservatives will focus on growing the economy to achieve a balanced budget within the first term.

Accountability: The United Conservatives will introduce democratic reforms to make sure that elected MLAs are accountable to their constituents—not to the party whip.

Quality education: Alberta has seen declining test scores in math and reading for years. We will promote excellence in education through proven teaching methods, and encourage diversity and choice in the education system.

Caylan Ford is a wife, mother, and a fourth-generation Albertan. She was educated at the University of Calgary, and holds Master's degrees from Oxford University and the George Washington University. Caylan is a former small business owner, an award-winning documentary film writer, and a senior policy advisor with the Canadian Ministry of Foreign Affairs.

Authorized by the Caylan Ford Campaign | 587-885-1178



Hula Hoop Fitness

Drop-In Hula Hoop for Adults.
11:00 am Mondays starting March 4th, 2019. Limited holla hoops are available.
Available on a trial basis
HH-BH Community Hall Gymnasium.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

SAMARITAN CLUB OF CALGARY SPRING SUPER SALE: Held on Saturday, April 27th, 2019 from 9AM to 1PM at the Hillhurst-Sunnyside Community Centre (1320 - 5th Ave NW). Includes collectables, clothing for all, books, toys, art, shoes, tools, jewelry, furniture, linens, household goods and much more. All proceeds to Calgarians in need.

MEMBERSHIPS

Your annual membership is good through July 31, 2018 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION 2018-19

Family Name(s): _____

First Name - Adults: 1. _____ 2. _____

First Name - Children: _____

Address: _____ **Postal Code:** _____

Home Phone: _____

Email: _____

Would you like to receive the newsletter and other announcements by email? yes no

I would be interested in volunteering for:

- | | |
|--|--|
| <input type="checkbox"/> Land Use | <input type="checkbox"/> Membership Drive |
| <input type="checkbox"/> Green Space/Reforestation | <input type="checkbox"/> Children's Programs |
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Seniors' Programs |
| <input type="checkbox"/> Facilities/Ice Rink | <input type="checkbox"/> Sports Programs |
| <input type="checkbox"/> Communications/Newsletter | <input type="checkbox"/> Social Activities |
| <input type="checkbox"/> Other | |

Membership # _____

Valid through July 31, 2018

Annual membership (including GST) is :

\$20 per household

\$10 for seniors

Paid by: cash cheque

*Send cheques payable to **Hounsfeld Heights-Briar Hill Community Association**
Box 65086 RPO North Hill, Calgary AB T2N 4T6*

Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.

About Wine

by Nik Rasula

About Wine features wines not typically on one's shopping radar; Unique wines with a story - of people, place or style. It tells of artisans making reasonably priced wines (under \$50 retail) all the while demonstrating careful Earth consideration.

2016 Foradori Teroldego, Vignetti Delle Dolomiti, Italy (elisabettaforadori.com)



About the Grape: The progeny of Lagrein, Pinot Noir and Syrah, Teroldego (Pronounced "Teh-ROHL-dee-go"), is native to the mountains of northeastern Italy. Partial to difficult environments—especially rugged Trentino—this red does not thrive in most other zones.

About the Region: The town of Mezzolombardo lies in the Province of Bolzano, on stunning landscape at the base of the Dolomite Mountains. It rests near the borders of both Switzerland and Austria, adjacent to the Trentino/Alto Adige region of northeastern Italy.

About the Winery: Founded in 1901, the Foradori family purchased what is now Agricola Foradori Winery in 1939. It lies on the Piana Rotaliana, a 400-hectare flood plain surrounded by near-vertical mountain cliffs. Consisting of 28 hectares, the estate grows a diverse mix of both red and white varietals.

About Terroir: The Piana Rotaliana, an alluvial mountain plain composed of calcium, granite and crystalline soils; contributes efficient drainage, vine stress and temperature moderation to the winemaking dynamic. The surrounding Dolomites offer protection from mountain winds and absorption/radiation of the sun's warmth.

About the Maker: A third generation of winemaking Foradoris, Elisabetta—after graduating from oenological studies in Trentino (1984)—brought fresh thinking and worldly perspective to the Agricola. Recognizing Teroldego's underachieving status, she set about sourcing heirloom vines offering more desirable winemaking attributes i.e. smaller yields, finer aromatics, thicker

skins, and deeper colour. A fourth Foradori—son Emilio—is a winemaker today.

About the Wine: 100 per cent Teroldego, the mid-dark purple appearance belies its alpine origins. Aromas of mulberry and mint combine as tart, mineral-tinged flavours of pomegranate and sour cherry trump the palate. The finish is fresh, clean and long lasting.

About Pairing: Charcuterie, Black Forest schnitzel, bruschetta, Pecorino cheese.

About Price: \$40

About Sustainability: Converting to Biodynamic practices in 2002, Agricola Foradori was certified by Demeter® in 2009. Pesticide-free since 2008, it belongs to VinNatur® (ecological practices), Renaissance des AOC® (terroir), and iDolomitic® (originality and diversity).

About Alcohol Level: 12.5% (abv)

About Availability: Check liquorconnect.com (call the listed store too) confirming availability.

CSPC #591792



2019/20 Registration open now
Visit hhbhcaplayschool.com
to learn more and to register online

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD CARE & LANDSCAPING: Weekly mowing \$36, power-rake \$130, aeration \$70, window cleaning or gutter cleaning \$99, pressure washing starting at \$99, rope light installation. Conditions apply. BBB member. 4.1 Google star rating. Call 403-265-4769. YardBustersLandscaping.com.

LANDSCAPE CONSTRUCTION: Stone patios, rock walls, synthetic lawns, raised beds, decks and fences, lighting. Sod installation, rocks, mulches, shrubs, xeriscaping. Member of BBB. Licensed. Insured. Seniors' discount. Call 403-265-4769. YardBustersLandscaping.com.

DOMESTIC DIVAS MAID SERVICE (12): We are in your area. Give yourself the gift of time. Chemical-free cleaning, move-out, move-in, one-time, weekly, bi-weekly or monthly. First time clean: 6 hrs or over - one hour free, under 6 hrs - half-hour free. References available. Call Eleanor, 403-681-4608.

THE GUTTER DOCTOR! Eavestrough repairs, cleaning, and replacements. Fascia, soffit, cladding, roofs, and siding. For over 15 years and 20,000 projects we have done the job right - and it's always guaranteed! Full liability insurance and WCB. A+ rated BBB member. Calgary's top award winner! www.gutterdoctor.ca, 403-714-0711.

Volunteering
is good for the soul

Your Positive Voice

Angela
KOKOTT

CALGARY-MOUNTAIN VIEW

- TV and Radio Broadcaster
- Community Association Vice-President
- Mountain View Resident for 30+ years



Alberta Party

 /angelakokott4ab

 @angelakokott4ab

 @akokott

www.angelakokott4ab.ca

Authorized by Alberta Party - www.albertaparty.ca

**WELCOME
TO CALGARY
FINE
DENTISTRY
DR. JASMIN FILION**



Dental services now provided in
English & French

CalgaryFineDentistry.com

1910-20th Ave NW, Suite 206 • 403.284.3061

COME CHECK US OUT!

CARDINAL

BY TREVOR RAMAGE

Re/Max Real Estate Central



📞 403.850.2560



1415 21A Street NW

• C4229827 List Price: \$929,900

A home & garden that makes a good impression & leaves a better lasting impression



14 Montrose Crescent NE

• C4229527 List Price: \$549,900

Build your real estate portfolio with this optimal revenue generator.



2204 2 Avenue NW

List Price: \$649,900

Setting goals with clients provides direction, focus & motivation. Congratulations to my steadfast client.



2201 30 Avenue SW

List Price: \$1,790,000

Grateful for client relations dating back 20 years. Congratulations & welcome back to Calgary M & T.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM



#1 OFFICE
WORLDWIDE
20 CONSECUTIVE YEARS