

MARCH 2019

DELIVERED MONTHLY TO 2,000 HOUSEHOLDS

your **HOUNSFIELD** HEIGHTS **BRIAR** HILL BEACON

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



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THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER | www.hh-bh.ca

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Mean and Green

In Gothic stained-glass windows, green was the color of demons, sorcerers, dragons, and the Devil himself.



GREAT NEWS MEDIA

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HHBH Community
Association Playschool



2019/20 Registration open now
Visit hhbhcaplayschool.com
to learn more and to register online

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Disclaimer

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Hounsfield Heights-Briar Hill Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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GREAT NEWS MEDIA 
LEADERS IN COMMUNITY FOCUSED MARKETING

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5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



To Advertise Call 403 720 0762
Email sales@greatnewsmedia.ca

GREAT NEWS MEDIA
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SCHOOL SHOUT-OUTS

Briar Hill School

24th Annual

"Recycle a Friend"

Community Used Book Sale

DONATIONS of books accepted at
Briar Hill School
March 5 – March 15, 2019
(No Encyclopedias or Textbooks please)

1233 - 21 St NW
in the school gymnasium

Wednesday, March 20, 2019
9:00am - 6:00pm

Thursday, March 21, 2019
9:00am - 8:00pm

6:00pm – 8:00pm
2 for 1 Madness!!!



Briar Hill Book Sale

Briar Hill School (1233 - 21 St NW) will be holding its 24th Annual Used Book sale on March 20-21 from 9am-6pm. It's a great chance to support our community school with your gently used books to donate, as well as pick up some wonderful reads for just a couple of dollars. The school will be accepting books in the main entrance of the building from Tuesday, March 5 to Friday, March 15. All of the proceeds will be used to support literacy at Briar Hill School. Thank you for your support!

Your Briar Hill School Book Sale Committee

Seniors' (55+) Discussion Group

Mondays (except holidays) from 2:00 - 4:00 p.m.

Come on out for an afternoon of socializing and amiable discussion on topics of your choosing.

Meet in the Board Room at the Hounsfeld Heights-Briar Hill community centre every Monday beginning October 1st, 2018.

Parking is available on the West side of the Louise Riley Library.

For any further information, please contact Linda, 403-284-3526



Outdoor Soccer

The 2019 Outdoor Soccer Registration is from Feb 5 to March 15, 2019.

Please go online <http://www.hh-bh.ca/outdoor-soccer/> to register. This is recreational, community level soccer for all children from age 3 to 18. The season runs from mid-April to the end of June.

COMMUNITY PROGRAMS

HHBH Gym Drop-In Programs

Badminton: Tues-Fri: 9:00 am – 12:00 PM

Pickleball: Tues, Wed, and Thurs from 1:00 pm – 3:30 pm

Rates: \$5 per person, \$4 for seniors (55+)

Check our website for Saturday Night Pickleball

Family Open Gym Night

Free open gym for the community provided Friday nights when available. Please visit our website at www.hh-bh.ca/ community-open-gym-free to confirm availability.





Hounsfield Heights – Briar Hill Community Association

BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Wong, Terry	president@hh-bh.ca	
Past President	Allan, Jeff	past.president@hh-bh.ca	
1st Vice President & Programs	Sandahl, Carol	vp@hh-bh.ca	
2nd Vice President & Facilities Director	Sammet, Gunter	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Greco, Joanna	secretary@hh-bh.ca	
Land Use Director	Woods, Terry	land.use@hh-bh.ca	
Education Director	Leahy, Patricia	education@hh-bh.ca	
Sears Plume Director	Vacant	sears.plume@hh-bh.ca	
Communications Director	Vacant	communications@hh-bh.ca	
Events Planning Director	Malchow, Margaret	events@hh-bh.ca	
IT Director	Rena Hu	it@hh-bh.ca	
Strategic Planning Director	Jeff Marsh	strategic.planning@hh-bh.ca	
Executive Director	Guy Latour	executive.director@hh-bh.ca	403-282-6634
PROGRAM COORDINATORS			
Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Jen Clee	outdoor.soccer@hh-bh.ca	
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca	
COMMUNITY RESOURCES			
Louise Riley Library	Allison Thomson	allison.thomson@calgarypubliclibrary.com	403-221-2047

CONTACT

Mailing Address: Box 65086, RPO North Hill Calgary, AB T2N 4T6

Board Room / Gym - 1922 – 14 Avenue N.W.

Parking: west of the Louise Riley Library, accessed via the library drive-way. Hall/Gym is located NE of our parking lot, just across the soccer field.

Phone: 403-282-6634

Email: admin@hh-bh.ca

Beacon Submissions: beacon@hh-bh.ca

Boardroom/Gym Bookings: bookings@hh-bh.ca

The HH-BH Gym and Boardroom schedule can be viewed at www.hh-bh.ca.

For the latest news, programs and events, please visit our Official HH-BH Community Association website at www.hh-bh.ca.



Like our Facebook Page - www.facebook.com/hhbhca



Follow us on Twitter @hhbhca

Have an idea for a great community program or event? Send your ideas to vp@hh-bh.ca.



News from the Friends of Nose Hill

by Anne Burke

Due to the Parks & Pathway Bylaw review, Calgary Parks will explore allowing liquor at signed picnic sites, with food, as per provincial regulations. The online survey is of major public parks (such as Bowness) and local community green spaces. A pilot project could launch in the summer, 2019.

The BiodiverCity Advisory Committee was established by City Council in October 2015. The goal is to support the City's Biodiversity Policy, by including conservation. The Committee works on engaging stakeholders, communications, and reviewing City policies related to biodiversity (85% of students understand the term).

The Committee reported to Council in Dec. 2018 and, previously, in May 2017. (The 2019 work plan is being developed.) This report presented the Committee's 2018 work plan and an overview of work from 2017 to the present.

Highlights were meetings with City councillors; providing expert advice on biodiversity-related documents; and having a survey question on biodiversity in the Calgary Foundation Vital Signs report. In all, 67% were familiar with the term (25% very familiar; 42% familiar).

There should be open and transparent dialogue between public and staff Committee members and the plan for members is to have outreach sessions with City business units. Some of the areas of concern, with different jurisdictions, are urban wildlife management and soil handling, climate change, and preventing flooding. The aim is to advance awareness at the City and of the public. The group wants to ensure positive outcomes for Calgarians, visitors, wildlife, and plant communities.

Habitat restoration is important in the strategic plan to restore 20% of Calgary's open space, by replacing turf grass with native grasses and wildflowers. In addition to site visits at Confederation Park, Bearspaw, Inglewood, and the Weaselhead, there were biodiversity awards, since 2017, with 3 categories for projects at the Calgary Youth Science Fair, as well as school programs and day camps on environmental education.

311 Live Maps

311 Live Maps is a new online service that allows you to see what crews are working on directly in your neighbourhood. Simply go to calgary.ca/311 and select the "View live map of 311 requests" link. Type your address into the search bar or zoom in to see if a request has been reported. Click on one for details and to find out what work is being done. Our most requested services are on 311 Live Maps now. More services will be added throughout 2019.

Do You Have a Great Idea for Our Community?

We can support you make it come to life!

The Community Association is looking for people who want to join our dedicated team of volunteers. If you have a great idea for something that would improve our community, we would like to support you in your efforts to make it happen.

Some activities we would like to see someone come forward to steward and champion in our community:

- More Seniors Activities
- Walking program
- Arts and Crafts
- Fitness

A Community Garden

We are also looking for individuals to fill the following roles on our board:

- Communications Director
- Events Director
- Volunteer Engagement Director



Casino Fundraiser for Community Association

This is our major fundraiser every year and helps us provide services back to the community.

[https://www.signupgenius.com go/5080C45A9AD2EA0FF2-casino](https://www.signupgenius.com/go/5080C45A9AD2EA0FF2-casino)

For more information contact Carol at vp@hh-bh.ca



Hula Hoop Fitness

Drop-In Hula Hoop for Adults.

11:00 am Mondays starting March 4th, 2019. Limited holla hoops are available.

Available on a trial basis

HH-BH Community Hall Gymnasium.

Summer Camps AGES 3-12



freehouse
dance plus

403-282-0555
www.freehousedance.com
2020 12 Avenue NW

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

SAMARITAN CLUB OF CALGARY SPRING SUPER SALE: Held on Saturday, April 27th, 2019 from 9AM to 1PM at the Hillhurst-Sunnyside Community Centre (1320 - 5th Ave NW). Includes collectables, clothing for all, books, toys, art, shoes, tools, jewelry, furniture, linens, household goods and much more. All proceeds to Calgarians in need.

MEMBERSHIPS

Your annual membership is good through July 31, 2018 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION 2018-19

Family Name(s): _____

First Name - Adults: 1. _____ 2. _____

First Name - Children: _____

Address: _____ Postal Code: _____

Home Phone: _____

Email: _____

Would you like to receive the newsletter and other announcements by email? yes no

I would be interested in volunteering for:

- | | |
|--|--|
| <input type="checkbox"/> Land Use | <input type="checkbox"/> Membership Drive |
| <input type="checkbox"/> Green Space/Reforestation | <input type="checkbox"/> Children's Programs |
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Seniors' Programs |
| <input type="checkbox"/> Facilities/Ice Rink | <input type="checkbox"/> Sports Programs |
| <input type="checkbox"/> Communications/Newsletter | <input type="checkbox"/> Social Activities |
| <input type="checkbox"/> Other | |

Membership # _____
Valid through July 31, 2018

Annual membership (including GST) is :

\$20 per household

\$10 for seniors

Paid by: cash cheque

Send cheques payable to **Hounsfeld Heights-Briar Hill Community Association**
Box 65086 RPO North Hill, Calgary AB T2N 4T6

Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.



Advice to Live By: Eat Your Veggies and Meet Your Neighbours!

How many times have you walked past Calgary Central Seventh-Day Adventist Church and wondered what goes on in there? Have you bought fresh vegetables in the parking lot and wondered what that's all about?

With the new Canada Food Guide's emphasis on a more plant-based diet, there's never been a better time to get to know one of our oldest neighbours.

The church established itself in Calgary in 1902, and the ground-breaking for the current church began in 1959.

It distinguishes itself by encouraging vegetarianism among adherents, which may explain their reputation for health and longevity. A 2005 feature in *National Geographic* profiled a community of Seventh-Day Adventists in southern California that has the longest life expectancy in the United States.

In recent years, the church has begun reaching out to our community with annual Health Expos, among other programs. My daughter and I stopped by the expo in January and subsequently signed up for a series of plant-based cooking classes—the first one, led by Pastor Adam Bially and his wife Kimberly Saunders-Bially, focused on Thai dishes (which were delicious!). If you're interested in checking them out, here's the info page: <https://calgarycentraladventist.ca/cookingclass>

The church's emphasis on vitality extends to mental health, with programs focusing on recovery from depression, addiction and divorce.

Bially is proud of the church's reputation for promoting health for the whole person but adds, "Spirituality is quite a personal thing to most people, and we don't want to force ourselves on anyone."

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Hounsfield Heights / Briar Hill area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

OFFICE AND HOUSE CLEANING SERVICES: Flo-shine cleaning service is a family business with 12 years of experience. We are professional, affordable, bonded and reliable. Weekly, biweekly, monthly and move-out cleans. Contact us at: floshinecleaningservices@gmail.com. Phone: 587-436-7720.

YARD CARE & LANDSCAPING: Weekly mowing \$36. Power-rake \$130, aeration \$70, fertilizer \$40 or free Pro window or gutter cleaning \$99, and much more. Conditions apply. BBB Member. 4.1 Google Star Rating. Call 403-265-4769. YardBustersLandscaping.com.

LANDSCAPE CONSTRUCTION: Stone patios, rock walls, synthetic lawns, raised beds, decks and fences, lighting. Sod installation, rocks, mulches, shrubs, xeriscaping. Member of BBB. Licensed. Insured. Seniors'™ discount. Call 403-265-4769. YardBustersLandscaping.com.





The perfect staycation this summer

CALGARY WINTER CLUB SUMMER TRIAL

Spend time as a family this summer with our three month trial. It's a great opportunity to try the private club experience before you invest.

COST:

\$600 primary member, \$300 spouse and \$200 for each child. This fee includes all of your drop in use of the club from June 1st – August 31st, 2019. There are additional fees for summer programs, camps, classes.

TO BOOK:

Limited number of trial memberships available. To book yours, contact rebeccad@calgarywinterclub.com

**Each family may only participate once.*



For more details on our facility:
www.calgarywinterclub.com

CARDINAL

BY TREVOR RAMAGE

Re/Max Real Estate Central



📞 403.850.2560



2624 Toronto Crescent NW

• C4225233 List Price: \$2,999,900

Outstanding architectural features, gracious amenities & attention to detail are evident throughout this award-winning Newgrowth Fine Homes development.



1615 32 Avenue NW

• C4225576 List Price: \$599,900

Noteworthy upgrades, trendy detailing & upscale finishing create modern charm.



1623 8 Street NW

List Price: \$1,699,900

Understanding the dynamics of today's market was key in negotiating the sale of this outstanding Lindner Haus home.



1207 18 Street NW

List Price: \$1,799,900

Representing the seller & buyers helped beat the midwinter blues. Congratulations to my longtime & new clients.

CARDINALBYRAMAGE.COM