

OCTOBER 2018

DELIVERED MONTHLY TO 2,000 HOUSEHOLDS

your **HOUNSFIELD** HEIGHTS **BRIAR** HILL — BEACON —

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



TO STAY UP TO DATE ON COMMUNITY HAPPENINGS, PLEASE LIKE US AT WWW.FACEBOOK.COM/HHBHCA AND FOLLOW US ON TWITTER @HHBHCA

THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER | www.hh-bh.ca

Great News Publishing

| Call 403-263-3044 for advertising opportunities

| www.great-news.ca



**ALBERTA
BLUE CROSS®**

Your partner in wellness

At Alberta Blue Cross, we're committed to not only helping maintain your health but to promoting your *wellness* through every age and stage of life.

We're reinventing benefits to focus on wellness. Empowering *your* potential. And playing a bigger role promoting wellness in your community.

Learn more at
yourpartnerinwellness.ca

** The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. * † Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. ABC 83939 2018/09



CONTENTS

- 5 **HHBH 65TH ANNIVERSARY CELEBRATION**
- 7 **PRESIDENT'S MESSAGE**
- 8 **SENIORS' (55+) DISCUSSION GROUP**
- 9 **SCHOOL SHOUT-OUTS: BRIAR HILL SCHOOL**
- 10 **RESIDENT PERSPECTIVES: HAUNTED CALGARY READY TO UNLEASH TERROR AGAIN**
- 11 **YOGA FOR WELL-BEING**




Don't forget to mark your calendar for the 2nd annual Hounsfield Heights-Briar Hill/greenC Holiday Night Market on Friday, November 9th, 2018 from 3:00 - 9:00 p.m. at the HH-BH community centre.

Come and shop locally while enjoying shortbread cookies and hot chocolate. This is a great way to support your local artisans and have a more creative gift giving season.

There are still a few tables left. If you would like to be a vendor, please contact Colleen Garnsey - colleen@greenC.ca

We look forward to seeing you there!




**Holiday
NIGHT MARKET**



CBE Open House

Join us to review the proposed plan for Northwest and North Central French Immersion Programs, which was developed from feedback gathered in the spring.

Date | Nov. 13, 2018

Time | 5:30-8:30 p.m.

Location | Sir Winston Churchill High School
5220 Northland Dr. N.W.

Register & info | cbe.ab.ca/dialogue



Calgary Board
of Education

dialogue)))



Kids are
settled back
at school.

Time to think a
bit more about
you again.

**Are you due for a
dental check-up?**

CalgaryFineDentistry.com
1910-20th Ave NW, Suite 206 • 403-284-3061

COME CHECK US OUT!



HOUNSFIELD HEIGHTS/BRIAR HILL COMMUNITY ASSOCIATION

Box 65086, RPO North Hill Calgary, AB T2N 4T6
Phone: 282-6634 (voice mail) (checked 1 - 2 times per week)
Email: admin@hh-bh.ca

Delivered monthly to 2,000 households and businesses for 3 years!

Editorial Submissions

beacon@hh-bh.ca

All editorial content must be submitted by the 5th of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca
All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 29 years
84 newsletters reaching over 379,000 households
in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:
www.great-news.ca

GREAT NEWS PUBLISHING  **29** YEARS

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and Hounsfield/Briar Hill Community Association.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Hounsfield/Briar Hill Community Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

CALENDAR OF EVENTS

Community board meetings are held every second Thursday of the month at 7:00 p.m. in the HH-BH Community Centre boardroom, and all community residents are invited! To be on the agenda, please contact admin at hh-bh.ca at least 2 weeks in advance. **Next Meeting: October 11, 2018.**

Our second annual **HHBH / greenC Holiday Night Market** will be held on Friday, November 9th. We are looking for crafty entrepreneurs and artisans in our local community. Please contact Colleen Garnsey for more information. colleen@greenC.ca

We will be holding our **Hounsfield Heights-Briar Hill Community Association annual general meeting** at 7:00 p.m. on Wednesday November 21st, 2018 at the Centre - 1922 14 Ave NW. Please plan to attend - we would love to see you there!

This year, **Hounsfield Height-Briar Hill turns 65!** A celebration will be held in our community centre gym (1922 14 Ave NW) on November 24th from 7:00 p.m. to midnight. HHBH residents are encouraged to send any stories and photos to [Margaret at events@hh-bh.ca](mailto:events@hh-bh.ca). See ad in this issue for more details.

If you are able to volunteer for any of these events, please reach out to Margaret (events@hh-bh.ca).



**HHBH
65th
ANNIVERSARY CELEBRATION**

**November 24th from
7:00 p.m. - midnight**

Music: Dancing to the Jazz Niks

**Continue to check the website and
Facebook for further details as
they come available!**

COMMUNITY PROGRAMS



HHBH Gym Drop-In Programs

Badminton: Tues-Fri: 9:00 am – 12:00 PM
Pickleball: Tues, Wed, and Thurs from 1:00 pm – 3:30 pm
Rates: \$5 per person, \$4 for seniors (55+)

Family Open Gym Night

Free open gym for the community provided Friday nights when available. Please visit our website at www.hh-bh.ca/ community-open-gym-free to confirm availability.

Hounsfield Heights-Briar Hill Drop-in Fee Increase

After a review of our operating budget and a comparative review of other Calgary community associations confirmed that our drop-in rates have fallen behind. To manage and maintain our facility and related services, and to continue ensuring safety and compliance with all bylaws, we are required to modestly increase our rates.

We would like to take this opportunity to thank all our clients and members for their continued support.



**GREAT Classes...
GREAT Teachers...
Serious
FUN!**

**freehouse[®]
dance plus**

403-282-0555 | 2020 12 Ave NW | freehousedance.com



Hounsfield Heights – Briar Hill Community Association

BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Allan, Jeff	president@hh-bh.ca	
Past President	Hunt, Laura	past.president@hh-bh.ca	
1st Vice President & Programs	Sandahl, Carol	vp@hh-bh.ca	
2nd Vice President & Facilities Director	Sammet, Gunter	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Greco, Joanna	secretary@hh-bh.ca	
Land Use Director	Woods, Terry	land.use@hh-bh.ca	
Education Director	VACANT	education@hh-bh.ca	
Sears Plume Director	Almeida, Diana	sears.plume@hh-bh.ca	
Communications Director	Falconi, Sandra	communications@hh-bh.ca	
Events Planning Director	Malchow, Margaret	events@hh-bh.ca	
Director-at-Large	Staniland, Kathleen	director.at.large@hh-bh.ca	
IT Director	Rena Hu	it@hh-bh.ca	
Strategic Planning Director	Jeff Marsh	strategic.planning@hh-bh.ca	
Executive Director	Guy Latour	executive.director@hh-bh.ca	403-282-6634

PROGRAM COORDINATORS

Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Jen Clee	outdoor.soccer@hh-bh.ca	
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca	

COMMUNITY RESOURCES

Louise Riley Library	Allison Thomson	allison.thomson@calgarypubliclibrary.com	403-221-2047
----------------------	-----------------	--	--------------

CONTACT

Mailing Address: Box 65086, RPO North Hill Calgary, AB T2N 4T6

Board Room / Gym - 1922 – 14 Avenue N.W.

Parking: west of the Louise Riley Library, accessed via the library driveway. Hall/Gym is located NE of our parking lot, just across the soccer field.

Phone: 403-282-6634

Email: admin@hh-bh.ca

Beacon Submissions: beacon@hh-bh.ca

Boardroom/Gym Bookings: bookings@hh-bh.ca

The HH-BH Gym and Boardroom schedule can be viewed at www.hh-bh.ca.

For the latest news, programs and events, please visit our Official HH-BH Community Association website at www.hh-bh.ca.



Like our Facebook Page -
www.facebook.com/hhbhca



Follow us on Twitter
[@hhbhca](https://twitter.com/hhbhca)

Have an idea for a great community program or event? Send your ideas to vp@hh-bh.ca.

PRESIDENT'S MESSAGE

With fall in full swing I hope you have had time to take some 'crunchy leaf' walks in a warm sweater and are looking forward to Halloween.

First let me remind you of a couple of community events.

Hounsfield Heights-Briar Hill Community Association Annual General Meeting

We will be holding our annual general meeting at 7:00 p.m. on Wednesday November 21st, 2018 at the Hounsfield Heights-Briar Hill Community Centre - 1922 14 Ave NW.

Please plan to attend. The new board will be formed, and you are encouraged to step up to take on a role (read the 'What's in it for me' article in this issue for a few reasons why it's a good thing to do).

Our board members are a talented and committed group of residents and along with our executive director, we are able to accomplish a lot. Please join us!

Hounsfield Heights-Briar Hill 65th Anniversary Celebration

Saturday November 24th – 65th Community Anniversary Celebration

Location – Hounsfield Heights-Briar Hill Community Centre - 1922 14 Ave NW

Please send any stories and pictures you may have to events@hh-bh.ca.

For more details check out our website! <http://www.hh-bh.ca/events/65-anniversary-celebration/>

As a community we continue to face issues that impact the well-being of our residents, and as a board we are continuing to bring you information and work to best support the community. Please do attend the board meetings where you can get more information and of course watch the web site, <http://www.hh-bh.ca/>, for updates.

Sears Plume

As of the writing of this, we have not heard the outcome of the mediation session scheduled September 11th, 2018, in Calgary. We have also not had any contact with the community member group, the Hounsfield Heights Landowners Group (HHLG).

Please continue to monitor the website for the latest information as we post what is sent to us to keep you as up to date as possible.

Sears has also set up a website for official Environmental Order communications to residents, <https://searscanada.epo.sears.ca/>.

Louise Riley Library Development

There have been no updates on this, however, we expect more information once the municipal budget has been approved sometime in November.

Louise Riley Library Fire Engine/Children's Program:

The board met with library representatives and reviewed the plans for the placement of the temporary structure to house the vehicle and program. The discussion focused on the placement of the temporary structure and its parking, security and safety implications. We are waiting to see the final development permit to ensure our concerns were addressed.

Alberta Health Services Development on the ADDAC property:

The Alberta Health Services held their first information session on August 23rd. It was fully attended, and we are expecting further engagement, please watch our website, <http://www.hh-bh.ca/>, for dates and further information.

Please remember your attendance is always welcome at the Board meetings, which are held at 7:00 p.m. on the second Thursday of each month from September through June at the HH-BH Community Hall at 1922 – 14 Avenue NW. Attending these meetings is a great way to stay up to date on what is happening and to ensure your ideas and concerns are heard and incorporated into the management of the community association. To include an item on the agenda please contact admin@hh-bh.ca at least 2 weeks prior to the meeting.

HBH Community Association Playschool

Spots are still available. Visit hhbhcaplayschool.com to learn more and to register online.

Register for the 2018/19
Playschool year,
starting on February 21
Please visit hhbhcaplayschool.com
for more information and to register online!

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Hounsfeld Heights / Briar Hill area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bath-room renos and gas lines also! Installed with great warranties. Call 403-968-6630.

CERTIFIED MASTER ELECTRICIAN: Terry Raabis, RME/CME, CQT – Big Sky Ventures. Call: 587-228-9371 or e-mail: braabis@shaw.ca. Home renos, re-wiring, troubleshooting, hot tub connections, smoke and carbon monoxide detectors, breaker panel upgrades, and much more! Fully licensed and insured, seniors' discount, customer satisfaction guaranteed. 24-hour emergency service.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPING & SNOW REMOVAL: Christmas lights. Weekly mowing \$36, power-rake \$130, aeration \$70, mulch, rock, or sod \$149. Window or gutter cleaning \$89. Landscape construction: stone patios, synthetic lawn, raised beds, rock walls, decks and fences, and lighting. Conditions apply. Licensed. Insured. Seniors' discount. BBB. Call 403-265-4769. YardBustersLandscaping.com.

LOOKING FOR A PIANO TEACHER? I am accepting students for the fall. Children, youth, and adults. Recreational, exam-oriented, or educational without exams. Special needs welcome. A.R.C.T., B.A. (Psych), B.Sc. (Eng). Close to Lion's Park C-train. Visit musicaldreamspianostudio.ca for more information or contact me (Erika) directly at 403-472-8405 or erika.gomez@musicaldreamspianostudio.ca.

WRITING OPPORTUNITIES: Have an expertise or passion that you'd like to share? My Calgary is a hyper-local news and lifestyle website and we want to be the platform for your Calgarian perspective! A perfect opportunity for students, hobbyists, retirees, bloggers or anyone who wants to try their hand at the written word. More info at www.mycalgary.com/write

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized cleaning company. All staff licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.

Triple Meg Indoor Soccer

October 2018 – April 2019

Triple Meg will be offering indoor soccer for ages 3-11 at the Briar Hill Gymnasium over the winter. The indoor soccer will include once-a-week sessions and intersquad games. Participants will complete a program where they will learn fundamentals, skills, ball control, and team play. Lots of time on the ball in a fun environment with experienced coaches. For more information and registration please visit www.triplemeg.com



Seniors' (55+) Discussion Group

Mondays (except holidays) from 2:00 - 4:00 p.m.

Come on out for an afternoon of socializing and amiable discussion on topics of your choosing.

Meet in the Board Room at the Hounsfeld Heights-Briar Hill community centre every Monday beginning October 1st, 2018.

Parking is available on the West side of the Louise Riley Library.

For any further information, please contact Linda, 403-284-3526

What's in It for Me?

by Sandra Falconi - HH-BH Communications Director

Life is busy. Whether you're a dual income family, single parent, active senior, or live in a myriad of other family configurations, the days seem to get fuller and the time shorter. So why would you consider taking on even more responsibility by volunteering for your community association? Here are just a few reasons (in no particular order):

Reason 1. In 2018, Calgary was named the best city to live in in North America, and fourth best in the world by The Economist. There is no doubt that community associations play a role in that achievement with over 20,000 community association volunteers city-wide contributing 2.4 million hours of service with an equivalent monetary value of over \$28 million. (Source: Federation of Calgary Communities - calgarycommunities.com).

Reason 2. It takes a village... our children have the right to grow up surrounded by people who care enough to ensure their safety and access to social and recreational experiences. Playschool, soccer, and other activities and family events are only possible with the support of volunteers.

Reason 3. It takes a village... in our fast-paced world with families increasingly geographically separated, seniors are sometimes left to manage on their own. As this demographic continues to grow, so will the challenges of helping seniors age in place and access the services they need to ensure the quality of life they deserve. This is one group that is currently under-served in our community and we need help to make it better.

Reason 4. With continued municipal development and growth, the role of liaison to the City and other levels of government is critical to ensure we maintain the elements and character that sets our community apart, and continues to make HH-BH a desirable neighbourhood to invest in.

Reason 5. Despite best efforts, crime in our community exists and there is increased accountability on community residents to monitor and report issues. A Calgary Police Services officer assigned to our community attends our monthly board meetings and provides board

members an opportunity to discuss issues and ways to address them.

Reason 6. It is not unusual with today's busy schedules to go years without getting to know your neighbours. Community associations help build relationships. When residents join together to plan and attend events such as the Summer Solstice and Stampede Breakfast, they not only get to know each other, they get to know the needs of their neighbours and the issues facing their community. This builds a community spirit and creates a common bond.

Reason 7 As a board member you will have access to numerous training opportunities, get to work with fun and interesting people, and are rewarded with seeing how your efforts make a difference!

So, there you have it, seven (good) reasons to step up and consider one of the roles that need to be filled at our November AGM, which will be held Wednesday November 21st, 2018 at the HH-BH Community Centre on 1922 14 Ave NW. For more information, or to let us know you're interested, please contact me, Sandra, at communications@hh-bh.ca.

SCHOOL SHOUT-OUTS



Briar Hill School

Briar Hill School Council invites all ghosts and goblins to attend our Halloween Hey Day party scheduled for Friday, October 26, 2018 from 6:00 p.m. – 7:30 p.m. at Briar Hill School, 1233 – 21 Street N.W. We welcome all community families to attend! The event is both a fundraiser for our School Council and a great community builder. Come play some carnival type games, visit the Haunted House and even get your fortune told! Coupons may be purchased at the school the evening of the event. Please no full-face masks. Have questions about the Halloween Hey Day? Please contact Maria at maria.nash@me.com or Joy at zolk@shaw.ca



Haunted Calgary Ready to Unleash Terror Again

by Christine Campbell, Creative Director or "HallowQueen"

What lurks in Calgary, boiling just below the surface of our quiet, friendly city? The cesspool of human society: a ghoulish collection of creeps who would make your skin crawl and your stomach turn. Evil so wicked that even the most macabre will shudder. The promise of fresh victims calls to these soulless entities as they gather at Calgary's Halloween tradition in the northwest community of Rocky Ridge.

Haunted Calgary's approximately 10,000 square foot walk-through haunted yard attraction has been designed, built, and operated by volunteers for the enjoyment of the community for over 25 years. With a cast of approximately 60 actors, some Hollywood-scale animatronic monsters, and uniquely handcrafted sets, the attraction is guaranteed to be a new experience each year.

The attraction gives back to the community in many ways. Seasoned volunteers offer hands-on training for youth, women, and under-served populations, include safe power tool operation, basic construction skills, painting and set design, acting, special effects makeup, administration and customer service, etc. Those interested in volunteering can visit www.hauntedcalgary.org for more information.



Haunted Calgary raises funds for animal rescue and food for the food bank through its gate admissions. Cash, Visa, MasterCard, Debit Tap, Google Pay, and Apple Pay will be accepted at the gate.

Haunted Calgary brings the community together, attracting over 5,000 visitors over three nights and for many has become an annual family Halloween tradition. The "Low Scare" during daylight hours features few to no actors and less spooky lighting for the little ones and the faint of heart. But if you're brave enough, we highly recommend you visit during full scare hours in the evening. Low scare 2 – 4 pm, full scare 6 – 10 pm. Parental discretion is advised.

SAVE \$2 per ticket by bringing a food donation, at least one food item per ticket to receive discount. Groups of 6 or more save 10%.

Low scare special offer (between 2pm and 4pm): Pay only for the children in your group. Adults not accompanied by children pay child price. For hours and admission prices, please visit www.hauntedcalgary.org.

Friday, October 26; Saturday, October 27; Wednesday, October 31.

222 Rocky Ridge Bay NW • 587-894-0666
www.hauntedcalgary.org • info@hauntedcalgary.org



WHICH WITCH

The word "witch" comes from the Old English wicce, meaning "wise woman." In fact, wiccans were highly respected people at one time. According to popular belief, witches held one of their two main meetings, or sabbats, on Halloween night.

Yoga for Well-Being

with Claudia Frick Istvanffy

Cultivate a deeper sense of well-being.

This 10 week session offers gentle yoga poses and movement, breath awareness practices and iRest® yoga nidra meditation.

Through a compassionate meditative approach, classes are geared towards calming the mind, restoring a sense of vitality in the body, and nurturing the ease of being.

As a certified yoga therapist with twenty years of teaching experience, Claudia pays special attention to individual needs and guides students to explore making the practice their own, adapting poses to meet their own capacity.

Dates: Fridays, September 21 - November 30, 2018 (no class October 12)

Times: 9:30 - 11:00 AM



Location: Hounsfield Heights – Briar Hill Community Association

1922 – 14 Avenue N.W.

Cost: \$200.00, HHBH members receive 20% discount (\$160)

Registration online at <http://www.hh-bh.ca/yoga-for-well-being/>

CARDINAL

BY TREVOR RAMAGE

Re/Max Real Estate Central



☎ 403.850.2560



2206 3 Avenue NW

List Price: \$1,499,900

Connecting with clients to achieve their home goals. Congratulations!



2010 6 Avenue NW

• C4203005 List Price: \$799,900

A fresh take on living in polished comfort in the heart of West Hillhurst.



2131 9 Avenue NW

• C4203000 List Price: \$2,199,900

An exceptional Lindner Haus development illustrated with style & sophistication.



1623 8 Street NW

• C4203003 List Price: \$1,899,900

Lindner Haus' achievement of a simplified modern California design.

CARDINALBYRAMAGE.COM