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2018 Summer Solstice by Lucas Ramage





## HOUNSFIELD HEIGHTS/BRIAR HILL COMMUNITY ASSOCIATION

Box 65086, RPO North Hill Calgary, AB T2N 4T6  
Phone: 282-6634 (voice mail) (checked 1 - 2 times per week)  
Email: admin@hh-bh.ca

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beacon@hh-bh.ca

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## IMPORTANT NUMBERS

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Alberta Adolescent Recovery Centre	403-253-5250
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
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Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	1-855-222-5542

# 2018 Summer Solstice

Our Summer Solstice/Neighbour Day Block Party was a great success despite the intermittent rain! As always, we had a wonderful turnout, great entertainment, fun, food and time to catch up with friends and neighbours!

Thank-you, Heidi and Lucas, for helping again this year, and to the many others who volunteered. It takes a large group of dedicated volunteers to plan and deliver the Summer Solstice, and we are very thankful for your commitment. We hope you all plan to attend the Volunteer Appreciation event on September 16, immediately following HHBH Community Cleanups (read more about both events in this issue).





# Hounsfield Heights – Briar Hill Community Association

## BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Allan, Jeff	president@hh-bh.ca	
Past President	Hunt, Laura	past.president@hh-bh.ca	
1st Vice President & Programs	Sandahl, Carol	vp@hh-bh.ca	
2nd Vice President & Facilities Director	Sammet, Gunter	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Greco, Joanna	secretary@hh-bh.ca	
Land Use Director	Woods, Terry	land.use@hh-bh.ca	
Education Director	VACANT	education@hh-bh.ca	
Sears Plume Director	Almeida, Diana	sears.plume@hh-bh.ca	
Communications Director	Falconi, Sandra	communications@hh-bh.ca	
Events Planning Director	Malchow, Margaret	events@hh-bh.ca	
Director-at-Large	Staniland, Kathleen	director.at.large@hh-bh.ca	
IT Director	Rena Hu	it@hh-bh.ca	
Strategic Planning Director	Jeff Marsh	strategic.planning@hh-bh.ca	
Executive Director	Guy Latour	executive.director@hh-bh.ca	403-282-6634
PROGRAM COORDINATORS			
Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Jen Clee	outdoor.soccer@hh-bh.ca	
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca	
COMMUNITY RESOURCES			
Louise Riley Library	Allison Thomson	allison.thomson@calgarypubliclibrary.com	403-221-2047

### CONTACT

**Mailing Address:** Box 65086, RPO North Hill Calgary, AB T2N 4T6  
Board Room / Gym - 1922 – 14 Avenue N.W.  
**Parking:** west of the Louise Riley Library, accessed via the library drive-way. Hall/Gym is located NE of our parking lot, just across the soccer field.  
**Phone:** 403-282-6634  
**Email:** admin@hh-bh.ca  
**Beacon Submissions:** beacon@hh-bh.ca  
**Boardroom/Gym Bookings:** bookings@hh-bh.ca  
The HH-BH Gym and Boardroom schedule can be viewed at [www.hh-bh.ca](http://www.hh-bh.ca).

For the latest news, programs and events, please visit our Official HH-BH Community Association website at [www.hh-bh.ca](http://www.hh-bh.ca).



Like our Facebook Page - [www.facebook.com/hhbbhca](https://www.facebook.com/hhbbhca)



Follow us on Twitter [@hhbbhca](https://twitter.com/hhbbhca)

Have an idea for a great community program or event? Send your ideas to [vp@hh-bh.ca](mailto:vp@hh-bh.ca).

# Routinely Practising Theft Prevention

Did you know the summer months have 20 percent more break and enter incidents than in the winter? Calgary City Police also say that about half of all break and enters take place overnight. Calgary Police Service is suggesting that all families should create a 9 pm routine:

- removing all valuables from vehicles
- double checking the doors and windows on vehicles to ensure they are closed and secured
- closing garage doors and windows
- locking all doors of the home, including those in the garage
- shutting all windows of the home
- turning on an exterior light

You can search for missing or stolen property on this site. <http://app.cpic-cipc.ca/English/search.cfm>

# Outdoor Soccer 2018

We had a great Outdoor Soccer season this spring, once the snow finally melted, with 160 players spanning ages 3 to 18.

A big thanks to the volunteer team of coordinators, coaches, assistant coaches and managers who made the season possible. Your time, and the effort you put into ensuring our kids have a memorable experience, are greatly appreciated.

*The President's Message  
will be back in September.*

## CALENDAR OF EVENTS

Community board meetings are held every second Thursday of the month at 7:00 p.m. in the HH-BH Community Centre boardroom. All community residents are invited! To be on the agenda, please contact admin at [hh-bh.ca](mailto:hh-bh.ca) at least two weeks in advance. Next meeting: September 13, 2018.

Each year, the City of Calgary teams up with local community associations to help residents get rid of unwanted household items and property waste The Hounsfield Heights-Briar Hill 2018 Community Cleanups is being held at 9:00 a.m. on Sunday, September 16th at the Louise Riley Library parking lot. Last year, Calgary collected a record of 1.25 million kg of waste and over 250,000 kg of organics. See ad in this issue for more details.

An HH-BH Volunteer Appreciation will be held immediately following Community Cleanups on September 16th. This event is for all residents who volunteered throughout the year—see more information in this issue.

This year, Hounsfield Height-Briar Hill turns 65! A celebration will be held in our community centre gym (1922 14 Ave NW) on November 24th. HH-BH residents are encouraged to send any stories and photos to Margaret at [events@hh-bh.ca](mailto:events@hh-bh.ca). More details to follow.

If you are able to volunteer for any of these events, please reach out to Margaret ([events@hh-bh.ca](mailto:events@hh-bh.ca)).

## HHBH Volunteer Appreciation Event

We greatly appreciate **all** the volunteers who have supported our events throughout the year and would like to invite you all to attend our Volunteer Appreciation event, directly following our HHBH Community Cleanups being held Sunday, September 16. The Volunteer Appreciation event is to recognize all those who have helped make HHBH the great community it is, and, we promise, you won't have to lift and finger—just relax and enjoy. You don't have to volunteer for the Community Cleanups event to attend (but are certainly welcome to do so!).

Please watch for further details in the September issue of the Beacon as well as the HHBH Website.



# Annual Community Clean-up Event

**Sunday, September 16, 2018**

Louise Riley Library parking lot and field  
9 am - 1pm

Volunteer Appreciation event  
immediately following

## COMMUNITY PROGRAMS

### HHBH Gym Drop-In Programs

Badminton: Tues-Fri: 9:00 am – 12:00 PM  
Pickleball: Tues, Wed, and Thurs from 1:00 pm – 3:30 pm  
Rates: \$5 per person, \$4 for seniors (55+)

### Family Open Gym Night

Free open gym for the community provided Friday nights when available. Please visit our website at [www.hh-bh.ca/community-open-gym-free](http://www.hh-bh.ca/community-open-gym-free) to confirm availability.

### Hounsfield Heights-Briar Hill Drop-in Fee Increase

After a review of our operating budget and a comparative review of other Calgary community associations confirmed that our drop-in rates have fallen behind. To manage and maintain our facility and related services, and to continue ensuring safety and compliance with all bylaws, we are required to modestly increase our rates.

We would like to take this opportunity to thank all our clients and members for their continued support.



### Register for the 2018/19

Playschool year,  
starting on February 21  
Please visit [hhbhcaplayschool.com](http://hhbhcaplayschool.com)  
for more information and to register online!

## BUSINESS CLASSIFIEDS

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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# Sano Stante

Not all neighbourhoods are created equal. Great communities are comprised of a number of elements, including place, proximity to amenities, and people. But it's the people who elevate a great community to an exceptional one. Sano Stante is one of those people. Though you may recognize his name as a real estate professional, his contributions to our community, and to Calgary, go so much further.

Sano was born and grew up in Bridgeland, later moving to Mount Pleasant. Music was his great passion, and while in his teens, Sano joined a band whose drummer lived on Briar Crescent. Sano fondly recalls time spent practicing with his bandmates in that Briar Crescent basement; raiding the fridge and disrupting the neighbourhood with their pulsating music. Many years

later, a neighbour reminisced with Sano that he sometimes couldn't hear his lawnmower over the sound of their practicing back then.

Sano would eventually return to sell a home on that very street, "I probably showed that house a dozen times, and then discussing it over lunch with a friend who's an architect, realized I actually wanted to live there," recalls Sano. "The house had great bones and I felt drawn to it. And everything fell into place" It was only later that Sano discovered there was a direct bus route to his children's school, a prerequisite he thought he would have to compromise. More remarkably, he discovered the previous owner had deep roots in the music industry and was the agent for their band.

Sano, his wife, Minette, and their three school-aged children, moved



into the home in 1993 after the first round of renovations. In 1994, the house won the Western Living magazine gold award.

Prior to his career in real estate, Sano worked in the construction industry; co-founded a renewable energy company in Kelowna that pioneered Canada-wide solar technology; started a construction company in Vancouver; and eventually moved back into the construction industry in Calgary. One day, after completing the McDougall Centre restoration, Sano crossed the street to the Calgary Real Estate Board (CREB) and made a life-changing decision.

Now, more than 32 years and many prestigious awards later, Sano's career achievements include being a trusted consultant to governments, businesses and institutions; developing innovative subdivisions; a term as president of the Calgary Real Estate Board; and his current gig as board chair of Attainable Homes Calgary, a Municipal for-purpose organization that gives families the down payment assistance they need to buy their first home.

Some of the outcomes of Sano's successful advocacy on behalf of HHBH include the two bump-outs on 19th Street to slow down traf-

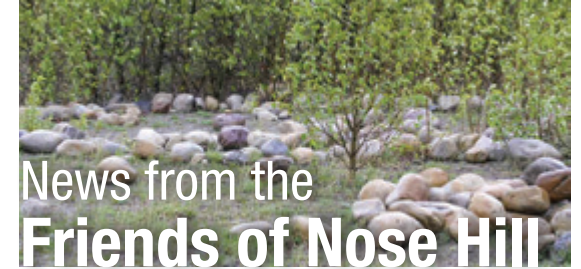
fic and improve safety, and a beautification project in Green Park. Most recently, Sano led the installation of a mandala with volunteers from ACAD and HHBH community members. Sano's commitment to enhancing our neighbourhood continues with his current efforts to have a pedestrian greenway bridge spanning Crowchild Trail to connect HHBH residents to adjacent communities and amenities.

"Realtors can play a much more influential role by virtue of their experience, expertise and pivotal position in most developments," says Sano. "We can be advocates for communities to promote sustainable development and educate both developers and buyers. It's not just about selling houses, it's about the ethical responsibility to work toward developing communities that reflect people's needs at every stage of life."

Sano subscribes to three key development principles: sustainability; adaptability; and accessibility. Today, after major renovations in 2015, Sano's home fully reflects those principles, encompassing passive and active solar energy, flex spaces to adjust to his changing work and family needs, and design that will accommodate changing mobility needs as required—all within a stunningly beautiful package.

What Sano loves about HHBH is its architectural diversity, access to transportation and amenities, great neighbours, and rich history. Some of the challenges he'd like to see addressed are ensuring we maintain the architectural diversity, increase walkability, and actively honour our past. "I would like to see us continue to develop our own identity, similar to communities like Inglewood and Bowness. I don't think we've fully exploited HHBH's persona."

A modern-day renaissance man, Sano is a professional, a musician, an artist (check out [www.sanoart.com](http://www.sanoart.com)), and a community activist. However, nothing lights up his face like talking about his grandchildren, and it is apparent that family is the foundation supporting his many accomplishments. Thank you, Sano, for your dedication to helping HHBH achieve its vision: *to be a quiet, central residential community with friendly neighbours connected through active public spaces.*



## News from the Friends of Nose Hill

by Anne Burke

"Jane's Walk" honours the legacy of Jane Jacobs, an advocate for city planning, by having these local community members host free walking tours. (See: The Calgary Foundation website).

"Knowing Nose Hill, a Walking Conversation", was led by Alex Mowat, an interpretive guide in the Rocky Mountains, on the B.C. coast, and in the sub-arctic. He is with Canadian Parks and Wilderness. According to Mowat, Nose Hill Park is like a member of our community. Many of us have a variety of experiences and memories associated with it. Some of us grew up looking at it and experiencing it as young children; others later. Maybe a friend introduced you to it or you, more or less, stumbled upon it. Maybe today will be your introduction?

By foot, bike, snowshoe, dirt, paved road or snow track, we have explored it, commuted over it, traversed it, breathed in the Rocky Mountains under brilliant blue skies from up top. It is home to a tremendous number of species of flora and fauna, serving as an important conservation space that also gives Calgarians the opportunity to relax, connect, and recreate in an environment connected to both our prairie and mountain roots. Nose Hill is a magical place that I am inspired to share, he wrote.

Another Nose Hill Walk was led by Cheryle Chagnon-Greyeyes, a Cree woman who works at the U of C Native Centre, and Elizabeth Cooper-Dodds. Traipsing together up an old road, carrying blanket and drum, the walkers were greeted by a Blackfoot Medicine Wheel, as they reached the summit on the east side of Nose Hill Park. They sat in a circle, joined together by sharing and learning about the sacred medicines; the significance of the medicine wheel; stories and songs; drumming and sharing in a positive way.

They could make tobacco offerings at the Blackfoot Medicine Wheel to end their circle, then descend, with blanket and drum, to end the journey. This walk did involve climbing/descending, with steep slopes and uneven terrain, and was not recommended for those with mobility issues. Children and "well-behaved" dogs were welcome to share in the Indigenous Walk N Drum on the Hill. Participants could bring their own drums and blankets. Subject to weather, with the vast, open rolling hills in this area, participants were advised to prepare for the weather conditions.



Mandala volunteers (left to right):  
Gerry Simon, Marjorie Alger, Stan Mabbott,  
Sano Stante, Stephen Shawcross,  
Carol Sandahl, David Pickering,  
Malcolm Mooney

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