

DECEMBER 2016

DELIVERED MONTHLY TO 2,200 HOUSEHOLDS

# your HOUNSFIELD HEIGHTS BRIAR HILL BEACON

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER | [www.hh-bh.ca](http://www.hh-bh.ca)

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## HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



Hounsfield Heights/Briar Hill  
Community Association

Box 65086, RPO North Hill Calgary, AB T2N 4T6

Phone: 282-6634 (voice mail) (checked 1 - 2 times per week)

Email: [admin@hh-bh.ca](mailto:admin@hh-bh.ca)

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## HOW CAN YOU HELP?



### JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



### GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



### HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



### VOLUNTEER

We couldn't do what we do without the support of our volunteers.



### BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



### DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at [diabetes.ca/donate](http://diabetes.ca/donate).



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# Hounsfeld Heights – Briar Hill Community Association BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL
President	Laura Hunt	president@hh-bh.ca
Past President	Robby Sidhu	Past.president@hh-bh.ca
1st Vice President and Programs	Carol Sandahl	vp@hh-bh.ca
2nd Vice President and Facilities	Gunter Sammet	2nd.vp@hh-bh.ca
Treasurer	Sarah Zhu	treasurer@hh-bh.ca
Secretary	Joanna Greco	secretary@hh-bh.ca
Director - Strategic Planning and IT	Jeff Marsh	it@hh-bh.ca
Director - Sears Plume	Vacant	Sears.plume@hh-bh.ca
Director - Land Use	Terry Woods	land.use@hh-bh.ca
Director - Event Planning	Patricia Leahy	events@hh-bh.ca
Director - Communications	Sandra Falconi	Communications@hh-bh.ca
Director - Education	Lyndsey Bristow	education@hh-bh.ca
Director - at - Large	Kathleen Staniland	director.at.large@hh-bh.ca

STAFF			
Administrative Assistant	Darcie Young	587-716-5333	admin@hh-bh.ca
Facility Manager	Chris Lee	587-717-2665	bookings@hh-bh.ca

PROGRAM COORDINATORS		
Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca
Outdoor Soccer	TBA	outdoor.soccer@hh-bh.ca
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca

COMMUNITY RESOURCES			
Louise Riley Library	Allison Thomson	403-221-2047	allison.thomson@calgarypubliclibrary.com
Community Police Liaison	Cst. John Kastamonitis	403-567-6300	

## CONTACT

**Mailing Address:** Box 65086, RPO North Hill Calgary, AB T2N 4T6

Board Room / Gym - 1922 – 14 Avenue N.W.

**Parking:** west of the Louise Riley Library, accessed via the library drive-way. Hall/Gym is located NE of our parking lot, just across the soccer field.

**Phone:** 282-6634 (voice mail) (checked 1 - 2 times per week)

**Email:** admin@hh-bh.ca

**Beacon Submissions:** beacon@hh-bh.ca

**Boardroom/Gym Bookings:** bookings@hh-bh.ca

The HH-BH Gym and Boardroom schedule can be viewed at [www.hh-bh.ca](http://www.hh-bh.ca).

For the latest news, programs and events, please visit our Official HH-BH Community Association website at [www.hh-bh.ca](http://www.hh-bh.ca).



Like our Facebook Page -  
[www.facebook.com/hhbhca](http://www.facebook.com/hhbhca)



Follow us on Twitter  
[@hhbhca](https://twitter.com/hhbhca)

Have an idea for a great community program or event? Send your ideas to [vp@hh-bh.ca](mailto:vp@hh-bh.ca).

## COMMUNITY PROGRAMS

### Youth Badminton

Youth Badminton -Ages 12 – 17  
Information at [www.hh-bh.ca](http://www.hh-bh.ca)  
Badminton@hh-bh.ca

### HHBH Gym Drop-in Programs

Badminton: Tues – Fri - 9:00 am – 12:00 pm  
Pickleball: Tues – Wed - 1:00 pm – 3:30 pm  
Rates: \$4 per person, \$3 for seniors (55+)

### Family Open Gym Night

FREE -Fridays 6:30 – 8 pm Community Gym

### AGM - Committee Reports

Thank you to the residents who came out to our AGM. Thank you to our new and returning volunteer board members!

### DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the HH-BH Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The HH-BH Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



## CALENDAR OF EVENTS

Community Board Meetings Second Thursday of the month at 7 pm in the Community Boardroom. **All are invited!** To be on the agenda, please contact admin@hh-bh.ca, at least 2 weeks in advance. Please note there are no Board Meetings in July or August. **Next Meeting: December 8**

**Crowchild Trail Study – Mark your calendar for upcoming events!**

Thanks Calgary for helping us review the draft recommendations for the study area. We used your input to refine and finalize the draft recommendations.

We invite you to join us at one of the open houses in November and December to view the final recommendations and provide your feedback on the engagement process. We'll be asking for your feedback on the engagement process. These events are part of **Phase 6: Reporting and Completion** of the study process.

#### Open House #1: Tuesday, November 29, 2016

(No RSVP required)

Time: 5 to 8 p.m.

Location: Red and White Club, McMahon Stadium – 1833 Crowchild Tr. N.W.

#### Open House #2: Saturday, December 3, 2016

(No RSVP required)

Time: 10 a.m. to 1 p.m.

Location: Sunalta School, Main Gym – 536 Sonora Ave. S.W.  
We anticipate presenting the final recommendations to Council in early 2017.

If you're unable to attend one of the open houses, there will be an opportunity to provide your input online. For a complete list of engagement opportunities, go to [calgary.ca/crowchild](http://calgary.ca/crowchild)

**Memberships:** A reminder that memberships expire July 31! \$20 / year per family household. \$10/Seniors. Renew online at [www.hh-bh.ca](http://www.hh-bh.ca), by mail or in person at our next Community Event! Thanks!

## PRESIDENT'S MESSAGE

Our Community Association board has had another busy year and as the new president of such an active and vibrant group of people, I have had to navigate a steep learning curve. Thank you to all who have helped me in this important and sometimes daunting leadership role!

I encourage you to read the directors' reports about their many accomplishments and activities this past year. They will give you details about the many projects and activities that your board has been involved with over the last 12 months. I will now mention some of the highlights as well as thoughts on future endeavours for our community association.

First - the fun stuff! Our board voted unanimously last December to provide funds for maintenance of the outdoor rinks at Green Park. Thanks goes to Lucas Ramage for buying a snow blower and to his crew of neighbours for using it to keep the ice cleaned off. As well, our board was very happy to pay for several ice cleaning sessions to maintain the surface. The rinks were well used and enjoyed by residents of all ages and we have budgeted funds to continue maintenance again this winter!

Expenditures to also improve the enjoyment of our community facility included the purchase of a new scoreboard for the gym and, as you may have noticed at our meeting, a new outside entrance sign, and new flooring for rooms, hallways and washrooms. Thank you to Gunter Sammet for the scoreboard project and to Kathleen Staniland for applying successfully for a grant to pay for 75% of the flooring project and for supervising its installation.

Our board is trying to communicate with our residents more efficiently and effectively. Over the last year our Communication Director, Liz Stewart, has worked hard to improve and maintain our HH-BH.ca website, work with Great News Publishing to improve our newsletter, The Beacon, and set up Twitter and Face Book accounts. Thank you to Liz and her helpers for these important steps forward in engaging and communicating with residents.

Less fun but necessary was the hand-over of our community run kindergarten to the Calgary Board of Education at Briar Hill Elementary School. It was very unfortunate that our ability as volunteers to administer the program was no longer adequate, and regrettable that the change had to happen quickly due to unforeseen circumstances. The hours of work and worry that were involved were too numerous to count. I owe our board's Education Directors, Jill Letal and Jill Hadland a huge thank you, and I thank every-

one both on and off the board who supported us during this difficult project.

One worry is the decreased revenue that we have received from gym rentals. We depend on this source of income to pay for a big part of our operating budget. Some regular renters have moved to their own new facilities or other venues and we haven't replaced them, leaving the gym empty more often. And some of the decrease may be due to our hurting local economy. Increasing facility rental must be a priority in the coming year.

And now a look into the year ahead:

Our casino funds have been carefully saved over many years with plans to use them to help finance a renovation or expansion to our facility. The Alberta Gaming and Liquor Commission (AGLC) stipulates that their proceeds must be spent within a specific time period. We have been allowed to extend this period in the past but were recently told that our board must submit definite plans and a time frame in order to keep these funds. With that in mind, we have started preliminary work on a project outline which we must submit by November 24. This will be an exciting project and we look forward to receiving input from residents as it progresses!

Our cooperative play school has been an important program in our community for many years and is administered through a parent council who is ultimately accountable to our board. One priority this year is to improve our governance and strengthen our board's ties with the play school through more direct supervision of its administration. This will also improve our community association's support for the parents who volunteer.

One smaller but important project is to update our community association's bylaws. As many of you know, quorum is rarely met at our AGM's and the reality of small turn outs needs to be addressed. As well, communication has changed over the years and we no longer only rely on Canada Post and The Beacon to advertise meetings. Other articles also need to be updated and reviewed in terms of their legality and legitimacy. I hope that this will be done at a special meeting in the new year.

We are a small community with a big heart! I have been honoured to serve you and I thank you for your support in so many ways. Please know that you are always welcome to attend our meetings or communicate with board members individually, and that we value your input and participation in our community association.

Yours sincerely,

Laura

# 2016 Civic Census Results

## Who are we?



Results of the 2016 civic census are in and despite these turbulent times, our community has remained remarkably stable since the 2012 census in terms of population (HHBH is home to just under 3,000 people) and the kinds of dwelling units

(about 1,100, mostly single-family).

What may raise an eyebrow is our demographics. The largest single age group in HHBH, making up about 20% of our population, are people 75 years of age and older. Add in those 65 to 74 years old and seniors make up 30% of our community, compared to the city as a whole, where 6.44 % are 65 – 74 years of age, and 4.17% 75 or older. Just down the hill in West Hillhurst, people over 65 make up less than 10% of the population (9.3%).

That means our community has the benefit of tremendous life experience and wisdom, and also that we may need to consider how to connect our large population of seniors with their peers and with younger folks who can help maintain those single-family yards.

Your community association is interested in your ideas about how to make HHBH an even better place to live. For example, should we:

Consider programs and policies to enable our older neighbours to age in place comfortably?

Develop more social opportunities for seniors with similar interests?

Compile a resource list of young people interested in doing yard work and maintenance, similar to our babysitter list?

Match older and younger residents in our community for mutual companionship and support?

We'd love to hear your ideas! Contact us by phone at

(403) 282-6634, by email at [admin@hh-bh.ca](mailto:admin@hh-bh.ca) or through Facebook [www.facebook.com/hhbhca](http://www.facebook.com/hhbhca) or our website [www.hh-bh.ca](http://www.hh-bh.ca)

You can access all of the 2016 civic census data at <http://www.calgary.ca/CA/city-clerks/Pages/Election-and-information-services/Civic-Census/2016-Results.aspx>.

### Hounsfeld Heights-Briar Hill



Name	Age	Contact	Course
Duncan	19	403-500-9826	Yes
Grace	16	403-282-8823	Yes
Josephine	15	403-283-0478	Yes
Sophie	17	403-283-0478	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

*Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).*



**HHBH PLAYSCHOOL**  
2016-2017  
**\* ONLINE \***  
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3-5yrs of age  
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admin@hh-bh.ca  
**Editorial Content DEADLINE**  
**5<sup>th</sup>** of each month for the next month's issue

*Trivia*  
**Xmas Volunteers**



Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

**BRAIN GAMES** **SUDOKU**

	6					3	
5	8		3			6	7
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6		1			5		4
	3						7

FIND SOLUTION ON PAGE 17

## Membership has its Privileges

It's time to renew your HH-BH community association membership (valid August 1 – July 31 each year), and it's gotten easier: renew online by visiting our website: [www.hh-bh.ca](http://www.hh-bh.ca).

### A family membership is only \$20/year, and entitles you to

- register children in the HH-BH Community Playschool
- register children in indoor and outdoor youth soccer, badminton and other sports programs
- take part in adult badminton, pickleball and other recreation programs
- bring the whole family to the community hall for free Family Gym Nights on Fridays year-round
- vote at HH-BH Community Association Annual General Meetings (ours is coming up in November, by the way – we'd love to see you there!)

### In addition, your membership helps support the wide range of activities organized or supported by the community association, including:

- annual Stampede Breakfast
- Summer Solstice Block Party
- annual Community Clean-Up
- family-friendly community events in the Fall, Winter and Spring, with entertainment such as the bouncy house, face painting, dunk tank, live music, dancing and FREE food and beverages
- up-to-date news and event listings on our HH-BH website, Facebook and Twitter. Check it out at [hh-bh.ca](http://hh-bh.ca)!
- the Beacon delivered to your door Monthly
- ice maintenance, equipment and supplies for the outdoor rink at Green Park
- a clean, well-kept and efficient community gym and meeting facility with friendly and helpful staff, employing youth from our community
- organizing casino fundraisers to keep all this going
- strategic, business and land-use planning for our community and liaising with the City of Calgary



## Happy Holidays!

Happy Holidays from Calgary Humane Society!

December is always a time filled with a lot of festivity at the shelter and we hope you are enjoying your own holiday traditions at home. As always, we are starting out the season with our Christmas Party for the Animals, a free family event, on December 3, 2016. All December long we will also be collecting treats and toys for the shelter pets to enjoy on Christmas morning, as part of our "Stuff a Pooch Pad" campaign. At Calgary Humane Society we believe that every pet should have a special festive season, so with that in mind we are bringing you our top suggestions on how to make the holidays fun and safe for you and your pet!

**1. Distract Fido with special treats!** Having family and friends join you for a meal is a fantastic holiday tradition, and with a little creativity your pet can also join the dinner fun. Freezing hard rubber "Kong" toys stuffed with soft food is not only a delicious indulgence, it can also distract Fido while you enjoy dinner in peace!

**2. Choose "Fluffy friendly" wrapping and decorations!** Many pets, especially cats, love to investigate holiday décor. Put plastic or metal decorations towards the bottom of the tree and consider skipping ribbons and tinsel as these could be dangerous if swallowed. If you have a wrapping paper scraps left over you can create a fun diversion for your feline friend by hiding a treat or two inside a crumpled paper ball.

**3. Secure the tree!** If you have pets (or small children) visiting your house over the holiday season you can safeguard your 'silent night' by securing your tree to the wall. A strategically placed pet exercise pen can also

provide protection for your tree and presents.

**4. Holiday baking? Yes please!** Looking for a great way to amuse younger houseguests AND include

your pet on the fun? Bake and decorate delicious dog cookies with pet-friendly ingredients like cheese powder, yogurt 'icing', flax seed and carob chips. Need a recipe? Email [humane.education@calgaryhumane.ca](mailto:humane.education@calgaryhumane.ca) and we'll be happy to share our favorites!

**5. Put Santa's cookies on the mantle, not the floor!** To keep your pet from getting a lump of coal (or a pricey vet visit) for Christmas, store Santa's cookies and other holiday goodies up and away from curious noses. Better yet? Keep a bowl of approved treats on hand for houseguests that want to share the holiday cheer.

**6. Spend some quality time together!** Holidays are a busy time, but they are also a great chance to spend some quality time with your pet. Bundle up Fido and head out to check out the holiday light displays or curl up on the couch with Fluffy to enjoy your favourite festive film.

**7. Give your pet a space of their own.** When houseguests come calling some pets may prefer to sneak off for some relaxation. Providing a 'safe haven' in your house is as easy as placing a comfy bed and some of your pet's favorite items in a room that company will not be spending time in.

**8. Spread some holiday cheer!** Drop by the shelter to find the 'purr-fect' gift at our Pet Gear Store or drop off a pet toy for our "Stuff a Pooch Pad campaign". We're all decked out for the holidays and we would love to hear from you!

From all of us at Calgary Humane Society, have a safe and happy holiday season!

## Kindergarten | where your child's talents are treasured

Kindergarten is the start of an exciting adventure full of promise for children and their families. At the Calgary Board of Education, we understand that children bring their own unique talents and gifts to their learning experience, which is why we personalize students' learning to help them reach their full potential.

In the early years, personalized attention can make a meaningful difference in children's lives. That is what sets CBE early learning programs apart from the rest.

CBE schools are open to all children and are committed to embracing every student in a safe and welcoming environment. From the very first day of kindergarten, our teachers begin looking into the future to help children take those next steps in their learning. We never lose sight of our ultimate goal, which is for every student to complete high school with a foundation of learning necessary to thrive in life, work and continued learning.

Whether it is a community school, language program, or one of our many alternative programs, families can choose

the kindergarten program that is best for their child. They can be assured that the unique needs of each child will be taken into consideration at our schools.

Kindergarten is a child's first introduction to school and the CBE. The first year will be filled with significant early experiences they will remember for a lifetime.

We are proud to be part of creating those memories. We are proud to provide learning as unique as every student. Come learn with us!

If the school that your child will attend is one of the new schools that is opening in the 2016-17 school year please visit the Building & Modernizing Schools web page and click on the new school's name. The page will provide information about where and when to register as it becomes available.

You can contact the Board of Trustees at [boardoftrustees@cbe.ab.ca](mailto:boardoftrustees@cbe.ab.ca).

Follow the Calgary Board of Education on Twitter @yycbedu

## DID YOU KNOW?

The Canadian Dental Association recommends your child visit the dentist by the age of 1.



Dr. Lauren Vredenburg, age 1

CalgaryFineDentistry.com  
1910-20th Ave NW, Suite 206 • 403-284-3061

**COME CHECK US OUT!**

# Tree Planting

## ReTree YYC -Free Education Programs in Hounsfield Heights-Briar Hill

Hounsfield Heights-Briar Hill has been chosen as a ReTree Community in 2017! As part of the program, the City of Calgary will be planting new City trees in our community and educating community members about the proper planting and maintenance of our urban forest. Hounsfield Heights-Briar Hill will receive free tree care education programs in spring 2017. More information will be posted on our website in the early spring.

**Background on ReTree YYC:** ReTree YYC is a program created in response to the September 2014 late-summer snow storm causing extensive and severe damage to over 1 million trees. ReTree communities are chosen based on many factors, including the extent of the storm damage, open canopy space and community interest. By helping Calgarians plant and maintain trees on both public and private property, we hope to make the city landscape better for generations to come. You can learn more about the program at [Calgary.ca/trees](http://Calgary.ca/trees).

# IS IT HARD TO READ THIS?

The leading cause of vision loss among people over 65 is an eye condition called age-related macular degeneration, or AMD. AMD affects central or detail vision, while peripheral vision remains good – that means a person with AMD may not be able to recognize faces, read a newspaper or drive, but can often get down the street safely without the use of a white cane.

The CNIB reports that seniors with vision loss are three times more likely than those with good vision to experience clinical depression. There is evidence that depression is connected to a lack of personal support, loss of independence and lack of information about how to keep doing the things they love despite vision loss.

However, with the right support, information and strategies, there is no need to stop enjoying your hobbies or lose independence due to vision loss. Here are a few tips and tricks from a community member with MD:

Can't see the "walk/don't walk" light at intersections?

Turn around. It's much easier to see what's on the traffic light on the corner where you're standing!

Don't have enough hands to shop and read labels with a magnifier at the same time?

Consider wearing a pendant magnifier around your neck that you can pick up with one hand and drop again without losing it.

### Trouble with transit?

If you can't read the route name or number on an approaching bus, ask someone else waiting at the bus stop or train platform, or confirm with the driver when you get on.

Not sure if you got to the stop in time? Call Tele-Ride ((403) 974-4000) for real-time information on when the next bus will arrive. You'll need the four-digit number from the bus stop sign. Can't see it? If you have a smartphone, take a picture of the sign and enlarge it until you can read the numbers.

Take advantage of Calgary Transit's interactive trip planner – it will not only give you options and times to get you to your destination, but will also email the directions to you. You can print them or access the email on your phone in order to help the bus driver help you get off at the right stop.

### Miss reading?

There's no need to miss out on the great consolation of reading. The Calgary Public Library has a great selection of both large-print and audio (talking) books to borrow for free, and there are several good free audio book apps for smartphones as well. In addition, if you have an iPhone, its VoiceOver function will read ebooks (for example, Kindle and iBooks) to you.

If you're having trouble reading the print version of the *Beacon*, get it online through our website (<http://www.hh-bh.ca/>) or subscribe to it by email.

### Cooking, cards, calendars and more

There are large-print recipes, knitting patterns, playing cards and calendars at the CNIB store, and CNIB staff can provide information and support to anyone experiencing vision loss, not just totally blind people – give them a call at (403) 266-8831.

One-third of residents of HHBH are 65 or older. If you're interested in being part of an information-sharing group about coping with vision loss in our community, contact the community association by phone at (403) 282-6634 or email ([admin@hh-bh.ca](mailto:admin@hh-bh.ca)).



Is it hard  
to read  
this?





## News from the Friends of Nose Hill

by Anne Burke

This summer some residents had concerns about pet rabbits released into the wild. Would this problem be part of the City's jurisdiction, as it was in Canmore? The General Manager of Community Services reported to City Council that most of the rabbits in communities are jack rabbits, which are feral (wild) animals.

The City does have authority over pet rabbits, under the Community Standards Bylaw, for example. Feral animals are up to the province's Animal and Wildlife Services. The Community Services Department at the City will work with Council to provide information on how to direct residents and ensure that their concerns are properly addressed.

At a council committee on Community & Protective Services, a motion was passed to propose bylaw changes in order to use livestock grazing as a land management and weed control tool on City lands in 2017.

Natural areas provide multiple ecosystem services, which are of value to city residents. For example, there is computer

software to measure the urban forest in at least 3 environmental services: cleansing the air; storing carbon; and reducing storm water in the City.

So far, it was found that the average benefit per tree in Edmonton's urban forest was US \$74.73 (\$97.96 Canadian). The cost for caring for each tree is US \$18.38 (\$24.09 Canadian), resulting in a net benefit of US \$56.35 (\$73.87 Canadian).

Cities and local governments play a crucial role in the pursuit of a greener existence through efficiently integrating urban development and biodiversity management at the local level. With rapid human development and expansion, biodiversity is being lost, but there are some new urban biodiversity guidelines.

In the fall of 2016, the Mayor signed the Durban Commitment. Calgary is the 3rd Canadian city, after Edmonton and Montreal, to formally join an international program directed by Local Action for Biodiversity, for local governments from across the world to improve biodiversity planning and management. It is estimated that 90% of the world's population will live in urban areas by 2100.

By 2025, Calgary will:

- Evaluate landscapes in Calgary and set targets for conservation measures to identify, protect, and manage ecological cores and corridors.
- Restore 20% of Calgary's current open space to increase biodiversity.
- Identify invasive species in Calgary's open space and complete strategies for their management.

# Traffic Concerns

Do you have a concern about traffic in our community? Your community association can assist you in an application for a community traffic study as outlined in Section 3.1.1 of The City of Calgary's Traffic Calming Policy. If you are submitting an application and need community association support please email [communications@hh-bh.ca](mailto:communications@hh-bh.ca).

### Community traffic study application process

After reviewing the information online in the Traffic Calming Policy, if you would like to apply for a community traffic study, you must complete the Traffic Issue Reporting Form, found in the appendix of the document, and submit it to Transportation Planning.

Please note that in order for the form submission to be considered complete, you will need to collect signatures from your community association, Councillor, police, and from members of your community, as a minimum level of support from the community needs to be demonstrated as outlined in Section 3.1.1 of the policy.

All information, forms and applications are online at the City of Calgary website or call 311.

**HANUKKAH**

In 2016, Hanukkah from in the evening of Saturday, December 24<sup>th</sup> until the evening of Sunday, January 1<sup>st</sup>. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.

*Trivia*



**Books keep on giving this holiday season! Your family may be one of thousands that celebrate at this time of year, and giving gifts may be part of your tradition too.**

Books make wonderful gifts for children because they expand your child's listening power, inspire their creativity and imagination and increase their vocabulary.

Book last forever! They can be lovingly placed on book shelves or in baskets and book bags to be enjoyed over and over again. Or, gently-used books that your children no longer need can be donated to the Calgary Reads Book Bank and we give them to Calgary children who have few or none of their own at home.

**Whether you are buying books or borrowing from the Calgary Public Library, consider sharing some wonderful Canadian children's literature with your family:**

- Read Me a Story** by Barbara Reid, **Pre-school**
- The Most Magnificent Thing** by Ashley Spires, **K-G2**
- Stella Star of the Sea** by Marie-Louise Gay, **K-G2**
- This is not my Hat** by Jon Klassen, **Pre-school-G1**
- A Visitor for Bear** by Bonny Becker, **Pre-school-G2**
- The Paper Bag Princess** by Robert Munsch, **Pre-school-G1**
- The Hockey Sweater** by Roch Carrier, **G1+**
- Lost in the Barrens** by Farley Mowat, **G4+**
- Jacob Two Two Meets the Hooded Fang** by Mordecai Richler, **G2-5**
- The Sky is Falling** by Kit Pearson, **G4-6**
- Anne of Green Gables** by L.M. Montgomery, **G4+**

*Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: [calgaryreads.com](http://calgaryreads.com)*



# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**BMP MECHANICAL LTD:** is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

**CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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## Hounsfield Heights/Briar Hill Real Estate Update

### Last 12 Months Hounsfield Heights/Briar Hill MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$0.00	\$0.00
September 2016	\$1,774,950.00	\$1,845,000.00
August 2016	\$1,597,450.00	\$1,575,000.00
July 2016	\$1,049,900.00	\$1,040,000.00
June 2016	\$594,900.00	\$578,750.00
May 2016	\$1,224,950.00	\$1,201,000.00
April 2016	\$619,900.00	\$590,000.00
March 2016	\$0.00	\$0.00
February 2016	\$2,199,000.00	\$2,100,000.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00

### Last 12 Months Hounsfield Heights/Briar Hill MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	3	0
September 2016	7	2
August 2016	2	4
July 2016	5	3
June 2016	2	2
May 2016	9	4
April 2016	4	3
March 2016	2	0
February 2016	0	1
January 2016	5	0
December 2015	1	0
November 2015	3	0

To view more detailed information that comprise the above MLS averages please visit [hounsfield\\_heights\\_briar\\_hill.great-news.ca](http://hounsfield_heights_briar_hill.great-news.ca)



## MP, CALGARY CONFEDERATION LEN WEBBER

2020 10 St NW, T2M3M2  
403-220-0888  
len.webber@parl.gc.ca

### A Sensible Solution

For those who may not already know, I have been a long-time advocate of organ and tissue donation in Canada and was instrumental in creating the organ donor registry in Alberta a few years ago.

However, the reality is 4,600 Canadians are awaiting a transplant and we need to do more to find those critical matches to save more lives.

I have introduced a Private Member's Bill, Bill C-316, which proposes a very simple, very effective method to increase the size of the organ donor base in Canada. It will also help update existing databases.

I am proposing we add a line to the annual tax forms that asks Canadians if they would like to become an organ donor and if they want to have this information passed to their provincial government for addition to the existing organ donor registries. The provinces will still be maintaining their own lists and the federal government will just be supplying them with data for that purpose.

The Canada Revenue Agency already successfully shares data every day with all the provinces and territories via encrypted networks with strong and reliable privacy safeguards. In addition, the existing infrastructure would support this change with virtually no cost. CRA already shares dozens of data fields of information on every taxpayer with the provinces and territories and this would simply be one more data field.

The tax form is a way to update this information annually via a legally-binding document. It would allow for lists to remain current and relevant.

Currently, the only proactive approach used by governments is to ask for donors via the driver's licence registration process. The number of people getting drivers' licences is dropping every year.

The voluntary online method of registering is neither proactive or fully effective. Those who move from one province to another do not update their information,

especially young people who are prime donors. The tax form approach overcomes these common problems and expands the potential donors reached.

Sadly, when someone dies, the tax department is often one of the first government agencies to be notified. This too will help update provincial registries and keep them current. This makes for a more effective and responsive donation system.

I hope I can count on your support for Bill C-316.

CALGARY PUBLIC LIBRARY

Happy Holidays

Calgary Public Library will be closed Christmas Day, Boxing Day, and New Year's Day. The Library is open until 4:30 pm on Christmas Eve and New Year's Eve.

Free Presents!

Need a last-minute stocking stuffer? Give everyone on your list FREE books, movies, magazines, eBooks, programs that teach and entertain, and so much more when you give the gift of a FREE Library Card!

The 2017 Reading Guide

The Library is excited to announce that the 2017 Reading Guide will be in community libraries this January! The Reading Guide has an amazing selection of books chosen by Librarians to keep everyone in your family reading all year long.

WINTER WORDfair

BUY GREAT GIFTS FOR THE BOOK LOVERS IN YOUR LIFE!

Independent booksellers and bookish vendors will be on hand at Central Library with incredible book-related wares for sale.

December 1, 5:00-8:00 pm  
Central Library, 616 Macleod Trail SE  
calgarylibrary.ca





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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



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It is that time of year when we gather-round the kitchen table to spend time with friends and family. We will reflect on good fortune and happy times, as well as look forward to an even better 2017.

Sadly, not all of our neighbours will be as fortunate this holiday season. Whether due to the recession, loneliness, poor health, or other challenges, many Calgarians could use a kind word and a helping hand. While many live through difficult circumstances year-round, the holidays are an ideal time for us to share our generosity and kindness. Here are just a few of the ways we can help:

- Call 211 (online at [www.ab.211.ca](http://www.ab.211.ca) when you see someone in need. Here you can access a wide-variety of social programs and services.
- Make a donation to a non-profit in your community. For information on charities and their finances, visit [www.cra-arc.gc.ca/charitiesandgiving/](http://www.cra-arc.gc.ca/charitiesandgiving/).
- Volunteer! The possibilities are endless. From reading to children to visiting seniors' centres, call 211 to connect to volunteer opportunities, or create your own.
- Start a conversation about poverty. To learn more about poverty in Calgary, visit [www.enoughforall.ca](http://www.enoughforall.ca).
- Learn what it feels like to live in poverty by trying to *Make the Month*. [www.makethemonth.ca](http://www.makethemonth.ca) is an interactive poverty simulation that shows how Canadians living in poverty face choices that will make or break their monthly budgets.

There are also easy ways we can help our neighbours on a regular basis in the winter months. A great example is becoming a Snow Angel. Watch for people in your neighbourhood who could use help shovelling snow and lend them a hand. To learn more about being a Snow Angel, or to recognize a neighbour's good deeds, visit [www.calgary.ca/snowangels](http://www.calgary.ca/snowangels).

From the Ward 7 family to yours, we hope all Calgarians can enjoy a happy and compassionate holiday season.

To sign up for updates on key community and Ward 7 issues, please visit [www.druhfarrell.ca](http://www.druhfarrell.ca). To contact my office, please email [Ward07@Calgary.ca](mailto:Ward07@Calgary.ca).

**BRAIN GAMES** **SUDOKU**

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2


## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**LOVE TO SING:** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocalatitudes.org](http://www.vocalatitudes.org).


**VOLUNTEERING**  
*is good for the soul*



**Buy one chocolate bar, get one free\*!**

Redeem this coupon at either the **Chocolaterie Bernard Callebaut® Crowfoot Square** or **Dalhousie Station** location for 1 complimentary 56 g solid chocolate bar when one is purchased.

*No cash value. Limit one per customer. Cannot be combined with other offers.*  
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# Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.



# MEMBERSHIPS

Your annual membership is good through July 31, 2017 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION	
MEMBERSHIP APPLICATION 2016-17	
<b>Family Name(s):</b> _____	
<b>First Name - Adults:</b>	1. _____ 2. _____
<b>First Name - Children:</b>	_____
<b>Address:</b> _____	Postal Code: _____
<b>Home Phone:</b> _____	
<b>Email:</b> _____	
Would you like to receive the newsletter and other announcements by email?      yes <input type="checkbox"/> no <input type="checkbox"/>	
<b>I would be interested in volunteering for:</b> <input type="checkbox"/> Land Use <input type="checkbox"/> Membership Drive <input type="checkbox"/> Green Space/Reforestation <input type="checkbox"/> Children's Programs <input type="checkbox"/> Fundraising <input type="checkbox"/> Seniors' Programs <input type="checkbox"/> Facilities/Ice Rink <input type="checkbox"/> Sports Programs <input type="checkbox"/> Communications/Newsletter <input type="checkbox"/> Social Activities <input type="checkbox"/> Other	<b>Membership #</b> _____ <i>Valid through July 31, 2017</i> Annual membership (including GST) is : <input type="checkbox"/> \$20 per household <input type="checkbox"/> \$10 for seniors Paid by: cash <input type="checkbox"/> cheque <input type="checkbox"/>
Send cheques payable to <b>Hounsfield Heights-Briar Hill Community Association</b> Box 65086 RPO North Hill, Calgary AB T2N 4T6	
<i>Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.</i>	

## NOVEMBER 25, 2016 - JANUARY 8, 2017 ZOO LIGHTS AT THE CALGARY ZOO

6:00 pm - 9:00 pm everyday, experience over 1.5 million lights, 200 displays, crackling fire pits, steamy hot chocolate and four fun-filled activity zones (with many new additions!), transforming the Zoo into a magical winter wonderland. More info [www.calgaryzoo.com](http://www.calgaryzoo.com)



## EVERY SATURDAY IN JANUARY CRAFT BEER TOURS BY CALGARY BEER TOURS

The Calgary Craft Beer Tour is all about spirited craftsmanship but more importantly it's about the delicious, refreshing beverages produced through the creativity of locals brewers. Experience the city's good-natured, welcoming breweries, including tastings at Village Brewery, CRAFT Beer Market, The Dandy Brewing Company, Tool Shed Brewing Company and Last Best Brewing and Distilling. More info [www.calgarybeertours.beer/tours/](http://www.calgarybeertours.beer/tours/)



## JANUARY 6 - JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info [www.calgarymotorcycleshow.ca](http://www.calgarymotorcycleshow.ca)



# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

**January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit:** Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info [www.oyr.org](http://www.oyr.org)

**January 13 Pop Fridays at Calgary Philharmonic Orchestra:** Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info [www.calgaryphil.com](http://www.calgaryphil.com)

**October 6 - January 8 ATB Storytellers Exhibition at National Music Centre:** Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info [www.nmc.ca](http://www.nmc.ca)

**January 5 - February 2 High Performance Rodeo multiple venues:** Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page [www.facebook.com/HPRodeo](http://www.facebook.com/HPRodeo) or more info and tickets [www.hprodeo.ca](http://www.hprodeo.ca)

**January 29 Bridal Fantasy at the Telus Convention Centre** Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package - Including prizes from all of the sponsors. More info [www.bridalfantasy.com](http://www.bridalfantasy.com)



# CARDINAL

BY TREVOR RAMAGE



## CAR•DI•NAL

- of prime importance; paramount; principal
- fundamental serving of an essential component
- quality associated with receptivity, initiative & executive action

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*You're invited...*

Join Dr. David Swann, MLA, Calgary Mountain View  
and CMHA Peer Options for a Christmas Open House.

**Wednesday, December 21 3:00pm to 6:00pm**

Calgary Mountain View Constituency Office  
102, 723 14 Street NW

*Nonperishable donations to the Calgary Food Bank  
will be gratefully accepted.*

*Light refreshments will be served.*

*Limited visitor parking available behind the building.*

*Merry Christmas*