DELIVERED MONTHLY TO 2,800 HOUSEHOLDS DELIVERED MONTHLY TO 2,800 HOUSEHOLDS

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES

THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER

Great News Publishing

www.hh-bh.ca

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West in your children's fun! We know you have choices – so why not choose an exciting summer full of amazing surprises, moments, and memories for your children!

Endless opportunities to learn through play!

Summit Summer at WHCA is a program for children ages 4 – 15 for 1- week sessions from June 29 to August 28, 2015

- Wild weekly themes
- Exciting weekly outings around our city

www.summitkids.ca

- Minutes from downtown
- Leadership experiences

Contact us at info@summitsummer.ca or call 403.797.1488 for more information.

Register NOW! Spots are filling fast! Hounsfield Heights/Briar Hill Community Association Box 65086, RPO North Hill Calgary, AB T2N 4T6 Phone: 282-6634 (voice mail) (checked 1 - 2 times per week) Email: admin@hh-bh.ca

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Hounsfield Heights – Briar Hill Community Association

Board of directors

COMMITTEE POSITION	NAME	PHONE NUMBER	EMAIL ADDRESS
President	Robby Sidhu	403-605-9120	president@hh-bh.ca
1st Vice President	Carol Sandahl		vp@hh-bh.ca
2nd Vice President	Gunter Sammet		2nd.vp@hh-bh.ca
Treasurer	Sarah Zhu		treasurer@hh-bh.ca
Secretary	Laura Hunt		secretary@hh-bh.ca
Director - Education	VACANT		education@hh-bh.ca
Director - Sears Plume	Emmanuel Malterre		sears.plume@hh-bh.ca
Director - Facilities	Gunter Sammet		facilities@hh-bh.ca
Director - Facilities	Robby Sidhu		facilities@hh-bh.ca
Director - Event Planning	VACANT		events@hh-bh.ca
Director - Communications	VACANT		
Director - Land Use	Terry Woods		land.use@hh-bh.ca
Director - IT	Jeff Marsh		it@hh-bh.ca
Director-at-Large	Kathleen Staniland		director.at.large@hh-bh.ca
Kindergarten Secretary/Treasurer	Paul Grunau		
Administrative Assistant	Sheryl Catellier	587-716-5333	admin@hh-bh.ca
Facility Manager	Chris Lee	587-717-2665	bookings@hh-bh.ca
Indoor Soccer Program	Eve Miller		indoor.soccer@hh-bh.ca
Outdoor Soccer Program	Bart Hulshof/Jill Letal		outdoor.soccer@hh-bh.ca
Youth Badminton Program	Alice Chan		badminton@hh-bh.ca
Beacon Newsletter Submissions	VACANT		beacon@hh-hb.ca
Louise Riley Library	Allison Thomson	403-221-2047	allison.thomson@calgarypubliclibrary.com
Community Police Liaison	Cst. John Kastamonitis		ansonationson@eargarypublicitionaly.com

Board Meetings

Board Meetings are held at 7pm on the second Thursday of each month in the Community Hall meeting room. Resident's are welcome and encouraged to attend. To include an item on the agenda, please contact the Board at least two weeks prior to the meeting.

Contact the HHBH Community Association at:

Mailing Address: Box 65086, RPO North Hill Calgary, AB T2N 4T6
Phone: 282-6634 (voice mail) (checked 1 - 2 times per week)
Email: admin@hh-bh.ca
Beacon Submissions to: Beacon Editor – email: Beacon@hh-bh.ca
Deadline for submissions for next issue: Fifth of the month
Boardroom/Gym Bookings: bookings@hh-bh.ca
Website: www.hh-bh.ca
Boardroom/Gym 1922 – 14 Avenue N.W.Parking is west of the Louise Riley Library, accessed via the library driveway.Hall/Gym is located NE of our parking lot, just across the soccer field.
The HHBH Gym and Boardroom schedule can be viewed online at www.hh-bh.ca.



Calendar of Events

Send us information about your annual or one-time event.

Community Board Meetings

Second Thursday of the month at 7 pm in the Community Boardroom. All welcome! To be on the agenda, please contact Caroline or Robby at least 2 weeks in advance.

Family Open Gym Night Fridays 6:30 – 8 pm Community Gym

Summer Solstice Saturday, June 20

Stampede Breakfast Saturday, July 11, 9:00 am - noon Green Park

Community Cleanup Saturday, September 19

HHBH Gym Drop-in Programs

Badminton: Tuesday – Friday 9:00 am – 12:00 pm Pickleball: Tuesday – Wednesday 1:00 pm – 3:30 pm Rates: \$4 per person, \$3 for seniors (55+)

Free and open to all community members Soccer Skills Training

Every Saturday 11:00 am – 1:00 pm till the end of June

Join us Sunday, July 5, 2015 for our annual Stampede Breakfast. 9:30 - 11:30 am 3512 Charleswood Dr. NW Drentview



MEMBERSHIPS

Your annual membership is good through July 31, 2016 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST. Simply fill out this form & mail it in.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION 2015-16				
Family Name(s):				
First Name - Adults:	2.			
Address:	Postal Code:			
Home Phone:				
Would you like to receive the newsletter and other announcements by email? yes □ no □				
I would be interested in volunteering for:		Membership #		
□ Land Use	☐ Membership Drive	Valid through July 31, 2016		
Green Space/Reforestation	n 🛛 Children's Programs	Annual membership (including GST) is :		
□ Fundraising	Seniors' Programs	□ \$20 per household		
□ Facilities/Ice Rink	□ Sports Programs	□ \$10 for seniors		
	er			
□ Other		Paid by: cash □ cheque □		
Send cheques payable to Hounsfield Heights-Briar Hill Community Association Box 65086 RPO North Hill, Calgary AB T2N 4T6				
Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community				

Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.



Women's English & Social Group – Meet your Neighbours & Practice English!

Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city, including Shaganappi Library, Bowness and two downtown locations. Groups meet once a week for two hours to practice English, make new friends and have fun! No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children six months to six years old. Visit www.ciwa-online.com for group locations and times or contact Debra Colley at debrac@ ciwa-online.com or 403-444-1752.



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DONATIONS ACCEPTED! Proceeds of Money raised Will go to: Centre for Suicide Prevention SuicideInfo.Ca

Caution: Neighbours at play!

- ~POTLUCK: Bring a salad, appy or dessert to share ~BUrgers and hotdogs for sale
- ~ ENTERTAINMENT AND DANCING 6-10PM
- ~DUNK TANK AND BOUNCY CASTLE FOR KIDS! ~STREET HOCKEY AND GAMES!
- ~VOLUNTEERS NEEDED: LOVSTROMDESIGN@SHAW.CA OF SIGNUP GENIUS LINK @ WWW.HH-BH.CA

COMMUNITY business of the month

Avenue 14 Dental Studio Hounsfield Heights - Briar Hill Community

elcome to **Avenue 14 Dental Studio** where five-star service transforms routine, necessary dental care into a pleasant experience.

Our office is conveniently located on the second floor of the Northill Shopping Centre Professional Building. This beautiful, general family dental office has been in existence since 1960 with a father and son dentist team. In 2006, Dr. Koni Worsley purchased this practice after moving with her family here from Southwestern Ontario. She graduated from the University of Western Ontario's dental school in 2000.

The team consists of highly trained dental hygienists and dental assistants complimented with a front end team to help you with your direct billing questions. We accept all dental plans and can help you understand your dental insurance so that you can relax comfortably and enjoy us treating you as one of the family.

Our Office Hours are: Monday 8:30 am-4pm Tuesday through Thursday 8 am-4:30 pm.

The team consists of highly trained dental hygienists and dental assistants complimented with a front end team to help you with your direct billing questions.

As featured on TV programs, Avenue 14 Dental Studio features ZOOM [™] revolutionary in-office whitening system. This technology is designed to lighten your teeth 6-10 shades in one visit. We also offer custommade bleaching trays with dentist strength bleach to allow you to bleach at your own pace.

We also can provide KCP (or Kinetic Cavity Preparation) which virtually eliminates the need for drilling. This al-

most silent treatment is ideal for small to medium sized cavities. It easily wipes away the decay with air and mild abrasive allowing a more gentle procedure.

It is always our goal to schedule appointments that are most convenient of you and your busy schedule. To learn more about how we can help you achieve the comfort and peace of mind of a truly great dental experience, please call us: 403-284-1138, email ave14dental@shaw.ca or visit us on the web at www. avenue14dentalstudio.ca.

RECIPE:

Avenue 14 Avocado-Coconut-Lime and Ginger Smoothie 1 Haas Avocado

1 cup of cold green tea

1/2 cup of coconut water (coconut milk if preferred thicker)

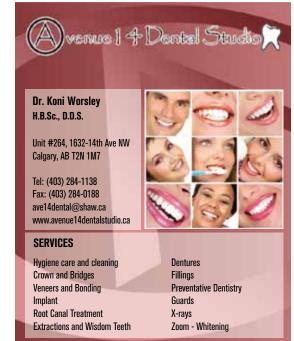
1 tbsp shredded coconut

1 tsp fresh grated ginger root

1 tsp lime juice and its zest (peel)

1/2 - 1 vanilla bean

(vanilla protein powder or plain yogurt for more protein)





City Community Cleanups save you a trip to the landfill

As you start your spring cleaning, don't forget to look for a Community Cleanup event near you. Each year, from April to September, The City of Calgary teams up with local community association volunteers to help dispose of unwanted household items and property waste that may not fit in your black, brown or blue carts — like furniture or old fencing.

Responding to the needs of Calgarians

With 112 Community Cleanup weekend events scheduled for this year, a 15 per cent increase from last year, there is a clear demand from citizens for this type of service says The City of Calgary lead for community cleanups Cheryl Herperger.

"The Community Cleanups provide a fantastic opportunity to get rid of all those 'treasures' in your basements, garages and yards by dropping them off at a participating community centre," says Herperger. "And if the date doesn't work, residents can take their items to any Community Cleanup listed in the schedule."

"We value education, voluntary bylaw compliance and community-based solutions so residents may live side by side safely while respectfully being considerate of the needs and rights of others," says Herperger.

By the numbers

Last year, a record one million kilograms of waste and nearly 200,000 kilograms of organics were collected. The City of Calgary supplies three packer trucks (two for waste and one for organic materials) to each registered community for each cleanup.

Take part in your Community Cleanup

On the designated Community Cleanup days, some community associations offer additional recycling services like electronics, clothing, metals, bicycles, car seats, tires and paint (check with your community association for details).

Some community associations organize a free store — a free garage sale where you can drop off or take items and keep them out of the landfill.

Community associations register through 311 to run a Community Cleanup.

If you're able to help out with a Community Cleanup, or if you would like to find out more details about your local event, please contact your community association.

Please visit us online for more information on the Community Cleanup program.



FICTION

The Girl in the Spider's Web, Lisabeth Salander
Blood on Snow, Jo Nesbo
Beauty's Kingdom, A.N. Roquelaure

NON-FICTION

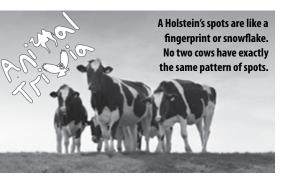
I am Malala: The Girl Who Stood Up For Education, Malala Yousafzai
Adult Coloring Books

 Secret Garden: an Inky Treasure Hunt and Coloring Book, Joanna Basford

YOUNG ADULT FICTION

The Heir, Kiera Cass
Red Queen, Victoria Aveyard

CHILDREN'S • The Day The Crayons Quit, Drew Daywalt





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Mon - Thur 10:00 am - 9 pm \cdot Fri & Sat 10:00 am - 5:00 pm Sun 12:00 pm - 5:00 pm until May 12 then closed Sundays until mid-Sept.

Drop-in Programs...

50+ Coffee and Conversation: Join us for coffee, conversation and presentations of interest. Ages 50 and up. Mondays, May 4 to Aug. 31 (No program on May 18 and Aug. 3) 2 - 3:30 p.m. No registration required.

Drop-in Family Storytime: Drop in for stories, songs and finger plays the whole family can enjoy. Ages 2 to 5 with a parent/ caregiver. Saturdays, May 2 to Aug. 29, 10:30 - 11 a.m. No registration required.

Neighbour Day!: Pop by our Open House and meet your neighbours during Calgary's second annual Neighbour Day. Fun and informative activities for all ages! Saturday, June 20, 10 a.m. - 4 p.m.

No registration required.

Play All Summer! Drop-In Activities: Drop in for activities and games to celebrate Play! the 2015 TD Summer Reading Club. Ages 6 to 12 independent of a parent/caregiver Wednesdays, June 24 to Aug. 26 (No program on July 1) 2:30 - 3:30 p.m. No registration required.

Youth Read: Challenge Yourself: Earn digital badges by completing new creative challenges every week, and you could win some fantastic prizes! Ages 13 to 17. Wednesdays, June 24 to Aug. 26 (No program on July 1) 3:30 - 4:15 p.m. No registration required.

Just for you...

Calgary's Best Walks Walking Tour: Join Lori Beattie, intrepid urban walker and author of Calgary's Best Walks, for an urban walkabout that follows one of the routes in her new book. The urban walkabout will last 1.5 hours and will be approximately 6-7 km. There will be hills and/or stairs. Tuesday, June 2, 6:30 -8:30 p.m. Registration required.

Basic Bike Maintenance and Repair: Keep your bike working at its best! Learn about lubricants, cleaning, safety checks, patching tires and minor on-the-road repairs. Saturday, June 20, 2 - 3:30 p.m. Registration required.

ESL Conversation Club (Intermediate): Practice your English listening and speaking skills in this six-week program. Wednesdays, May 20 to June 24, 6:30 - 8:30 p.m. Registration required.

Campfire Cowboys and Cowgirls: Stampede to the Library for tales about cowboys, cowgirls and the Old West. Wear your best western duds! Ages 2 to 5 with a parent/caregiver. Tuesday, June 30, 2:30 - 3 p.m. Registration required. CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES

Website: http://www.cbe.ab.ca • Email: boardoftrustees@cbe.ab.ca

Community contributions benefit students

Our focus as a board is on student success. We provide leadership by defining the CBE's mission, the results we want to achieve for students, and expectations for how the CBE operates. We then monitor actual performance against these expectations.

To do this work effectively, it's important that we connect with parents and communities on an ongoing basis to understand their priorities and expectations for student success. That is why we held a series of meetings earlier this year to hear from former CBE students, parents and business and community leaders.

At these meetings, we were encouraged to hear many people speak passionately about the importance of providing opportunities for students to develop into well-rounded citizens. While a student's academic success matters, many people said that it is not enough. To be successful in the future, students also need to learn how to participate in a democratic society, adapt to change, work as part of a team and much more.

When we hear these comments from so many people we can see that we're on the right track with our results for student achievement. However, we also heard one big concern with this approach. That is how difficult it is to measure achievement for non-academic results. We do recognize this is a challenge, and it's an issue we'll be looking at more closely. The many suggestions we received about ways to measure student success will be helpful to us.

We want to thank everyone who attended these meetings for their insights and suggestions. We also welcome additional comments, feedback and questions. You can contact the Board of Trustees at boardoftrustees@cbe. ab.ca.

Follow the Calgary Board of Education on Twitter @yycbedu.

Join us as we kick off Play! the 2015 TD Summer Reading Club. Drop in for a scavenger hunt and other fun activities. Collect your notebook and read all summer to win great prizes! Saturday, June 20, 10 a.m. - 4 p.m.

BUSINESS CLASSIFIEDS

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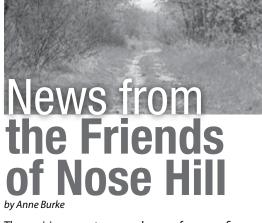
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.community mediation.ca, 403-269-2707.

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The prairie ecosystems are known for grass fires, especially when there are high wind and dry conditions. The public was asked to avoid Nose Park when firefighters worked to douse hotspots, after a reported five-to-ten acres were set afire, probably by careless use of smoking materials. At one point, 17 firefighters and three grass-fire units were said to be on scene. In remote areas and wilderness parks, controlled fires may be left to burn as part of the natural ecological cycle. Such burning is typically conducted during the cooler months, to reduce brush and weed build-up, and/or decrease the likelihood of serious, hotter fires. However, since Nose Hill is close to residential communities, there is smoke, a sudden change in direction is possible, and unauthorized burning is prohibited.

Here are some upcoming, fun family events at Nose Hill. To confirm call the City at 3-1-1 or go online to www. calgary.ca/parksprograms. A Walk in the Park Friday, June 12, 6:30 pm – 8:00 pm Come enjoy some fresh air and exercise as we explore one of Calgary's amazing parks! Join us to learn about history, wildlife, and plants through fun-filled nature experiences, including guided walks, learning stations, games, and activities. All ages are welcome! Cost: FREE, donations welcome.

P.U.P.P.Y. Event Saturday, August 8, 11 am – 2 pm , at the Edgemont entrance to the off-leash area. Experts will be on-hand to share information on a variety of pet-related topics; volunteers will lead engaging, interpretive programs; and supplies will be available for community residents to "pitch in and pick up" waste. See: www. calgary.ca/PUPPY-program.



As our city grows, the way we get around is evolving to meet the changing needs and expectations of all Calgarians. The Calgary Transportation Plan, the Route Ahead transit strategy, and the Cycling Strategy will help guide investment in transportation for decades to come. Missing from that list is a plan to manage the form of transportation used by most Calgarians every day: walking.

Walking is the most common and affordable method of human transportation, but it is also one that is neglected when planning and building our city. Missing or poorly maintained sidewalks, badly designed and poorly lit intersections, and infrastructure that doesn't meet the needs of seniors and those with disabilities, are commonplace in Calgary. This fall, Council will follow the lead of many North American cities when we vote on the creation of the Step Forward pedestrian strategy.

Step Forward will outline what the City will do to create a safe, comfortable, and accessible pedestrian realm, all year long and for people of all ages and abilities. You can help shape Step Forward's priorities by sharing the challenges and opportunities you see when you are out for a walk. Visit Calgary.ca/pedestrianstrategy and let us know what works, what doesn't, and how we can do better.

As part of the City's commitment to improving the safety and accessibility of all modes of transportation, the Centre City Cycle Track Network will open this summer. Cycle tracks are bicycle lanes with a physical barrier. Cycle tracks will open, on a trial basis, on 5 St SW, 8 Av SW, 12 Av S, and on a small section of 9 Av SE, in addition to the permanent cycle track currently in place on 7 St SW. The new cycle tracks will increase the number of people cycling to work, leisure, and shopping destinations within the Centre City.

Along with the Cycle Track Network, Stephen Avenue Walk will allow cycling in both directions on a trial basis. There will be no physical barriers on Stephen Ave, and the street will operate much in the same way as other "shared space" projects from around the world. The City will also launch a Bicycle Ambassador program to promote Stephen Avenue as a slow-speed space where those walking and cycling can travel safely to the Avenue's many great destinations.

For more information on the Centre City Cycle Track Network and the Stephen Avenue Shared Space pilots, please visit: Calgary.ca/cycletracknetwork.

While many of our neighbourhoods experience speeding and cut through traffic, there are effective ways to help raise awareness and mitigate bad behaviour. If you are interested in pursuing ideas, drop us a line at CAWard7@calgary.ca and we can connect you and your Community Association with The City's Livable Streets Division.



North Hill Curling Club needs ladies for their Monday afternoon 1-3pm league!

Young or old, experienced or inexperienced.

It runs from October through to March and is a great way to meet some new ladies and enjoy the sport in a non-competitive setting.

Please call Laurie Holmstrom with any questions 403-561-4663 or email Laurie@TheBarninBearspaw.com



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Michael Martin, CFA, MBA Investment Advisor 403-266-9655 www.martinwealth.ca

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We are a grassroots, non-profit organization seeking to preserve the East Paskapoo Slopes in its natural state.

We oppose an application that has been made to the City for a residential and commercial development that would build over most of the lower section of the Slopes.



For information on our new Calgary City Council Mail-In Postcard Campaign, and to sign our Online Petition, please visit:

SaveTheSlopes.org

10 @savetheslopes avepaskapooslopes



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