

HOUNSFIELD HEIGHTS – BRIAR HILL BEACON JUNE 2014

IT'S COMPLETED!!!

Come and check out our new community sign, located on the corner of 19 St. and 14 Ave.







HHBH Community Association Board

President	Robby Sidhu	president@hh-bh.ca
1st Vice-President	Carol Sandahl	vp@hh-bh.ca
2nd Vice-President	Gunter Sammet	2nd.vp@hh-bh.ca
Treasurer	Jeff Allan	treasurer@hh-bh.ca
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Director, Event Planning	Tejinder Sidhu	events@hh-bh.ca
Director, Communications	Nicole Bradac	communications@hh-bh.ca
Director, Land Use	Terry Woods	land.use@hh-bh.ca
Director, Information Technology	Jeff Marsh	it@hh-bh.ca
Director-at-large	Kevin Taylor	director.at.large@hh-bh.ca
Kindergarten Secretary/Treasurer	Paul Grunau	403-283-9091

Board meetings are held at 7 pm on the second Thursday of each month in the Community Hall meeting room. Residents are welcome and encouraged to attend. To include an item on the agenda, please contact the Board at least two weeks prior to the meeting.

Contact the HHBH Community Association at:

Mailing Address: Box 65086, RPO North Hill Calgary, AB T2N 4T6
Phone: 282-6634 (voice mail) (checked 1 - 2 times per week)
Email: admin@hh-bh.ca
Beacon Submissions to: Beacon Editor email: Beacon@hh-bh.ca Deadline for submissions for next issue: Fifth of the month
Boardroom/Gym Bookings: bookings@hh-bh.ca
Website: www.hh-bh.ca
Boardroom/Gym 1922 – 14 Avenue N.W.

Parking is west of the Louise Riley Library, accessed via the library driveway. Hall/Gym is located NE of our parking lot, just across the soccer field.

The HHBH Gym and Boardroom schedule can be viewed online at www.hh-bh.ca.





MAH AND COMPANY CHARTERED ACCOUNTANTS

Forward Thinking

303 19th St NW Calgary, Alberta T2N 2J2 403.230.0665

www.mahandcompany.ca

Our goal has always been to best serve our surrounding communities. With over 25 years of experience and knowledge in bettering both business and the lives of all our clients. Mah and Company would like to announce that we are currently **accepting new clients**.

If your needs involve GST, corporate filing or personal tax our team would be happy to find solutions for you. Just give us a call.

THE BEACON IS CHANGING!

Starting July 2014, your Beacon newsletter will be published by Great News Publishing and will be sent out monthly. We are still in charge of "local" content so if you have any articles or notices that would be of interest to our community, please submit them to beacon@hh-bh.ca.



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20A STREET NW BETWEEN 12TH AND 14TH AVENUES BY GREEN PARK 5-10PM

JUNE 14, 2014

VOLUNTEERS PLEASE! PATSY: M2CORP@TELUSPLANET.NET

DONATIONS ACCEPTED:

PROCEEDS OF MONEY RAISED WILL SUPPORT:

Inn from the Cold The Zackariah James

Rathwell Trust Fund for the Arts

CAUTION: NEIGHBOURS AT PLAY!

1300

IT'S A POTLUCK! bring: SALAD, APPY OR DESSERT ~BURGERS AND HOTDOGS FOR SALE

~ YOUTH STAGE, DUNK TANK, BOUNCY CASTLE, DANCING TO B4!

~RAIN OR SHINE!

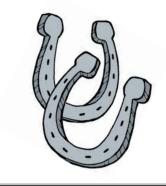


Dust off your boots and join us at our

Stampede Breakfast

and meet your neighbours





Saturday July 12th 9 – 11 am Green Park

Help is needed for setup, cleanup, and flipping pancakes.

To volunteer call Carol Sandahl 403-284-5851





memberships

MEMBERSHIPS

Your annual membership is good through July 31, 2014 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST. Simply fill out this form & mail it in.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION				
	MEMBERSHIP APPLICATION 2013-14			
Family Name(s):				
	1.	2.		
First Name - Children:				
Address:		Postal Code:		
Home Phone:				
Email:				
Would you like to receive the newsletter and other $yes \Box$ no \Box announcements by email?				
I would be interested in volunteering for:		Membership #		
□ Land Use	□ Membership Drive	Valid through July 31, 2014		
Green Space/Reforestation	n 🗆 Children's Programs	Annual membership (including GST) is :		
□ Fundraising	Seniors' Programs	□ \$20 per household		
□ Facilities/Ice Rink	□ Sports Programs	□ \$10 for seniors		
Communications/Newslette	er 🛛 Social Activities			
□ Other		Paid by: cash \Box cheque \Box		
Send cheques payable to Hounsfield Heights-Briar Hill Community Association Box 65086 RPO North Hill, Calgary AB T2N 4T6				
Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine				

months after expiry date of the membership.



Mural Project at Briar Hill School

Briar Hill School is celebrating its 60th anniversary this year, and in celebration of this, a Mural is being created. The theme of the mural is "Legacy – how does the past impact our future" which ties into school and community. Briar Hill Parent Council, along with the HHBH Community Association have funded the mural project, which will be installed on the exterior wall of the school facing 12th avenue.

The artist, Daniel J. Kirk, has been in the process of collecting information from students, teachers, parents and also reading about the history of our community, in an effort to fully capture the essence of Briar Hill. Daniel will set up a 'studio' in room 7 at Briar Hill School, so the students, staff and parents can observe the creative process, starting May 14th.

Stay tuned for the unveiling date for the mural!

Thank you to Dan & Carla Pysh, owners of Lumber King, and soon to be school and community members, for donating the plywood for the project and Sano Stante for his donation.



Val Mumford Mural Project Coordinator Briar Hill Parent Council



Calling All Community Tinkerers and Organizers: Beakerhead is Back!

People of Calgary: It's time to mash up creativity, science and engineering for a five-day city-wide spectacle. Beakerhead hits the streets of Calgary from September 10 to 14, 2014. There are tons of ways to get ready this summer!

Create an Art Car or an Art Bike

Have an old car or bike that has seen better days? Gather your tools, some friends and bring new life to old wheels. Create a submarine that could drive down the street or a Futurama-worthy tricycle sensation. If your neighbourhood would like to organize a workshop, we'll supply the mentorship!

Build a Creative and Cathartic Catapult

Looking for a summer project to bring your friends together, while also releasing some tension? Rally a team to construct a launching machine for the Catharsis Catapult Competition on Sunday, September 12, 2014. This wildly intense competition of mechanical muscle and brain power also requires creativity. The final rules and call for entries will open in June at www.beakerhead.org.

Let Others See Your Genius

Do you or someone you know have a sort of hands-on brilliance? Have you built a musical mailbox, a kinetic sculpture, or other creations? Beakerhead is on the hunt for clever inventions and ingenious artworks. Why keep it in your backyard, when you could contact claudia@ beakerhead.org to bring your contraptions to exhibit at Beakerhead.

Or Get Behind the Scenes!

All hands on deck! It takes a lot of human-power to make Beakerhead a success. Beakerhead is now recruiting people of all ages and skill sets to help with the September event. Find out more at beakerhead.org/get-involved/volunteer. Thank you for being a part of making Calgary so spectacular!



1904 14 Ave NW Monday to Thursday 10:00 a.m. – 9:00 p.m. Friday and Saturday 10:00 a.m. – 5:00 p.m. Sunday – Closed until mid-September

une-lugus



Summer @ Your Library

Computer Technology Coaching: Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Mondays until Aug. 25 (No program on Aug. 4 or Aug. 11) 2 - 4 p.m. No Registration Required.

50+ Coffee and Conversation: Join us for coffee, conversation and presentations of interest. Ages 50 and up. Mondays until Aug. 25 (No program on May 19, June 9, July 7, and Aug. 4) 2 -3:30 p.m.

No Registration Required.

Ebook Doctor: Looking for help with OverDrive or Freading? Drop in for assistance with your ebook and e-reader questions. Thursdays, June 26, July 17, and Aug. 21. 2 - 3:30 p.m. No Registration Required.

Aboriginal Explorations: We Are All Treaty People: Explore the meaning and legacy of Treaty 7 - how it has been interpreted by our ancestors, our current responsibilities and the implications for the future of both Calgary and Canada. Presented by Professor Liam Haggarty. Thursday, June 12, 7 - 8:30 p.m. Registration Required.

Fort Calgary: On the Road: Learn about our history through artifacts from Fort Calgary's collection. Try on a Mountie tunic and make a craft with your children. Enjoy activities for the whole family! Saturday, June 21, 2 - 3:30 p.m. *No Registration Required.* Programs are **FREE** with your library card. Register in person, by calling 260-2620 or online at www.calgarypubliclibrary.com

Just for you:

Tablets and Media Creation: An Introduction: Discover what is now possible, easier and more accessible with touchtechnology in this 50-minute showcase of innovative digitalmedia, made exclusively using tablet technology. Ability to scan a QR-code on your tablet is strongly encouraged. Participants may want to register in subsequent iGeneration workshops. Wednesday, July 9, 7 - 8:30 p.m. *Registration Required*.





Summer Reading is for EVERYONE! The TD Summer Reading Club is here!! Pre-school 0-5 years and School Aged 6-12 years join us as we kick off Eurekal Drop in for a scavenger hunt and other fun activities. On Saturday, June 21,10 a.m. - 4 p.m. Collect your maker notebook and read all summer to win great prizes! Youth Read for ages 13-17 sign up online @calgarypubliclibrary.com or come meet at the library every Wednesday 2:30-3:15 starting June 18th. Adults Ages 18+ stop by and join Summer.Read, we're got prizes for you too!



Page 8 June 2014

Hounsfield Heights-Briar Hill Community





Canzonet

Kodály Music Explorers Program

For children ages 3-8

Through Songs, Rhymes and Singing games children learn musicianship skills.

Sing for fun. Sing for life!

Helen Beach Singing songs with children since 1989. 403-289-2894 www.cantatemusicschool.com

Hounsfield Heights/ Briar Hill Parent-Child Cooperative Playschool

A place for 3 to 5 year olds to play, grow and learn

We are located in Briar Hill School, Rm. 13 1233 - 21 St. NW

Phone: 403-210-5126 www.hhbhplayschool.ca

REGISTRATION NOW ON! Afternoon spots still available! hhbhplayschool.com



J. BYRON LOEWEN

Barrister and Solicitor

Phone: (403) 298-0363 Fax: (403) 263-6840 Email: ByronL@milesdavison.com

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Community Clean-Up Day

Date: Saturday, September 6, 2014

Time: 9 am to 1:30 pm

Place: Parking Lot - West of Louise Riley Library at the corner of 19 St. and 14 Ave. NW (enter the library parking lot, then follow the drive around the north side of the library)

Community Clean Up is a Great Opportunity to:

Dispose of large items: The City of Calgary Waste & Recycling Services sponsors a unique community program by providing 3 packer trucks, one only for organic and yard waste. Residents can bring unwanted household goods (things that might otherwise fill your basement, yard, street or alley) to the pick-up site.

Recycle: We will also have electronic recycling, scrap metal, & car battery recycling. **Exchange**: There will be a 'Give and Take' section where you can leave or take anything that may still be of some use. (We can only take items in the 'Give and Take' until 1:00 – please no dealers this is a community service only).

Clean: Our green spaces – there will be teams of volunteers tidying up as many local green spaces as we can get to. We're on the look-out for a Green Space Clean-Up Coordinator, so if you could help organize this aspect, please contact Phil or Cindy Johnson at 403-284-4977

Donate: Women In Need Society will be collecting women's, men's & children's clothing (clean & in good condition); housewares; small furniture (no couches or large chairs) **Contribute**: To our community by volunteering to help organize, man booths or clean up.

What to leave at home (Items not accepted):

Tires * Household chemicals * Propane Tanks * Large-scale Furniture * Paint * Fridges * Freezers * Microwaves * Liquids * Car seats *Stuffed animals * Household batteries

If you have questions or would like to help contact:

For Hounsfield Heights/Briar Hill Residents – Phil or Cindy Johnson at 403-284-4977



A Message from your Councillor, Druh Farrell



First Anniversary of the Flood

With the long winter finally behind us, we can now look forward to enjoying the warm summer months. June brings with it the first anniversary of the 2013 Flood, fuelling a wide range of feelings with

Calgarians: pride, sadness, anxiety, relief, or gratitude. These memories will depend on personal experience - for some it will be memories of what was lost - for others, what was gained.

For me, the anniversary brings memories of Calgarians at their finest: East Village residents working together to help their most fragile neighbours while building lasting friendships, the outpouring of community in Chinatown, and the spontaneous, effective, and inspired Crisis Café in Sunnyside. The response from the Emergency Operation Centre with the marvelous grass-roots reaction from Calgarians is being studied as a model by cities worldwide.

The anniversary may cause many residents to ask what government is doing to prepare for future emergencies. The City of Calgary has been working hard with the Province of Alberta to responsibly address future floods. To receive regular updates from the City of Calgary via email, please visit www.calgary.ca/floodprep. If you would like to receive updates more specific to Ward 7, please contact my office via www.druhfarrell.ca

The memories of the 2013 Flood highlight the importance of a personal emergency plan for your family and community. As a resident of Ward 7, the flood directly impacted my neighbourhood. I feel much better about my ability to deal with another disaster now that I have put the thought and effort into preparation. I am also encouraged to know that many of my neighbours have done the same. I urge all Ward 7 residents, even those who do not live in the floodway/flood-fringe, to develop a family plan for emergencies and disasters preparedness including a 72 hour emergency kit.

The City is sponsoring a number of events around Calgary

on June 21 to commemorate the flood and to celebrate the tremendous generosity and volunteer spirit demonstrated by Calgarians last spring. Please join us and share your memories.

Plans for Calgary's next C-Train line are taking shape.

Calgary Transit is close to finalizing the route for the North Central LRT, which will extend from the downtown all the way to Harvest Hills. The North Central route is the north half of the Green Line, a major north/south bus-rapid-transit and LRT line outlined in RouteAhead, Calgary's 30-year strategic plan for transit. Rather than the high floor trains that we're used to, the Green Line will use less costly low-floor technology.

The North Central LRT is needed for residents and businesses along the major corridors in the north. Almost 50,000 cars travel along Centre Street, Edmonton Trail and 4th Street NW corridors every day, not including trips on Deerfoot Trail from the North Central neighbourhoods.

Centre Street, at 30,000 bus passengers a day, is the most successful transit route in Calgary, far surpassing the 18,000 daily vehicle counts. A victim of its own success, the transit demands on Centre Street exceed supply. An LRT would provide faster, cleaner, and more efficient trips for over 100,000 passengers.

The Green Line will be designed with sustainability in mind. Among other guiding principles, the Green Line will provide and enhance:

connections between people and places through walking and cycling, and links with new and existing bus routes,

· neighbourhood development and revitalization,

 \cdot vitality of local businesses by promoting business development and access,

· Complete Streets including landscaping, urban design, and pedestrian and cycling networks.

Over the coming months, City staff will conduct further analysis and engage with the public to determine the final alignment of the Green Line. One of the critical decisions remaining is whether to run the line up Centre Street or Edmonton Trail and whether to place the tracks above or below ground along certain sections. Staff will report back with their recommendations to Council by the end of 2014. You can find out more by visiting routeahead.ca.

For more information about Ward 7, please visit my website at druhfarrell.ca.



Sport Calgary's All Sport One Day – June 21, 2014

A FREE DAY OF SPORTS DISCOVERY!

Sport Calgary's annual "All Sport One Day" event provides an opportunity for children ages 6-12 to discover new and exciting sport activities in a fun way. The city-wide event connects kids and their families with local facilities and sport organizations. The goal of the event is to promote an activity-filled lifestyle encouraging a lifelong love of sport.

The first All Sport One Day event was held in Calgary in 2009, at two facilities with 450 kids. It has grown in leaps and bounds in the five years since its debut to twelve facilities in the city with activities from over 50 different sport organizations, and an expected registration of 2700 children this year.

All Sport One Day's "Discovery Sessions" focus on developing physical literacy, which is just as important as the ability to read and write. Physical literacy opens the door to a world of opportunities in sport and physical activity. Almost any sport you can think of is represented, from archery to wheelchair basketball, and all the sports in between!

This is the second year that All Sport One Day will be partnering with Special Olympics Calgary to also provide sport activities for children with intellectual disabilities. (The Special Olympics sport program will be at Talisman Centre only.) Participating Facilities:

- o Cardel Place
- o Talisman Centre
- o Glenmore Athletic Park
- o Saddletowne YMCA
- o Shawnessy YMCA
- o Southland Leisure Centre
- o Calgary Soccer Centre
- o Village Square Leisure Centre
- o WinSport's Canada Olympic Park
- o Trico Centre for Family Wellness
- o South Fish Creek Recreation Centre
- o The Genesis Centre of Community Wellness

Registration opens May 26 at AllSportOneDay.ca, and closes on June 15, so interested parents should sign up soon.



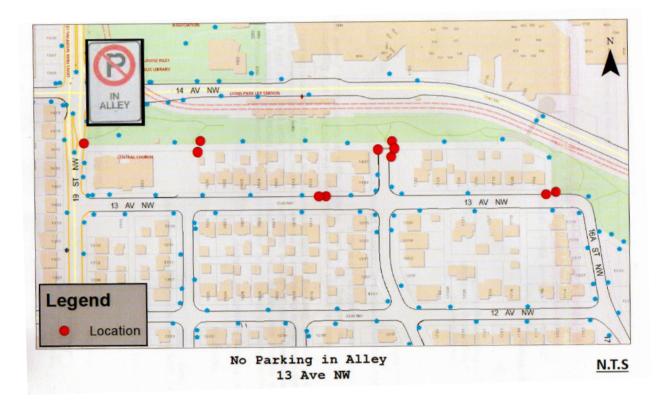


City of Calgary - Parking Restrictions in Alley

Calgary Parking Authority (CPA) and local residents had brought to our attention that the existing alley way for the 1700, 1800, and 1900 blocks of 13 Avenue NW is inadequately signed for parking restriction. The actual legal plan of the alley is 6.1 meters, but due to the location of the post and cable the alley way measures greater than 6.1 meters. Therefore, it is difficult to enforce the parking restrictions in the alley.

Moving forward to address local residents' and CPA concerns, Traffic Engineering, Roads will be installing "No Parking in Alley" signs at the entrances. Please see attached map for locations of the signs.

If you have any questions or concerns, please contact 3-1-1.







Mayor's Environment Expo!



The Mayor's Environment Expo inspires students and families to take simple actions to protect our environment. This year celebrates the 25th Anniversary of the Mayor's Environment Expo which runs from June 3rd to 7th, 2014. The Expo takes place at the City of Calgary Municipal Building Atrium, Olympic Plaza as well as the Epcor Centre for Performing Arts and the Calgary Public Library.

If you have never attended the Expo before, it is one of the largest free environmental education expositions in Canada. Come celebrate with us!

This year we are excited to offer Community Day Powered by Enmax on Saturday June 7 from 10 am to 4 pm. There will be interactive exhibits from local community groups, corporations and City of Calgary departments as well as exhibits from our 20 Eco Leaders schools. Kids of all ages can visit the booths and sign up for educational and entertaining workshops that are sure to enrich and inspire. Come learn about vermicomposting or join in on treasure hunting with GPS units.

Registration space for workshops is limited and spots are reserved on a first come, first served basis. Check out the website www.calgary.ca/mee for more details.

Park 'n' Play and Stay 'n' Play

Looking for some free, high quality programs for your kids this summer? We offer a variety of programs including many different activities. Our programs are designed to help children make new friends along with learning new games and activities in a safe environment that they can use on their path to healthy and active lifestyles. These free drop-in programs are for children and are available in various community locations across Calgary.

Park n' Play is for ages 6 - 12. Stay n' Play is for ages 3 - 5 and children must be accompanied by an adult. Programs run weekdays through July and August, and are weather dependant. We encourage you to supply us your information by pre-registering prior to program starting to help you save time filling out forms at the program when you arrive. Pre-registration does not guarantee entry.

www.calgary.ca/cns

The World's Largest Swim Lesson

World's Largest Swim Lesson at Village Square Leisure Centre. Be a part of an attempt to break a Guinness World Record while raising awareness that SWIMMING LESSONS SAVE LIVES TM! Bring out your family, friends, school class or community group! After the lesson, stay and swim for free in the wave pool until 11 a.m.

- Friday, June 20 at 9 a.m.
- Registration starts at 8 a.m. A waiver must be signed.

More information is available at www.calgary.ca/recreation/events and www.worldslargestswimminglesson.org







Action Plan 2015-2018 – the Results are in!

Action Plan is a year-long process where citizens, City Council and City staff establish our future direction for the next four years, and find the right balance between investing in quality public service and affordable tax rates. It's a big conversation about serving a great city. From March 3 - 21, 2014, The City engaged citizens online, and in the community including mall, parks, pathways and farmer's markets.

On April 28, The Action Plan engagement results were presented to Council. These results reflect the diverse and thoughtful opinions, priorities, concerns and community aspirations of participants. A huge thank you to all Calgarians who took the time to provide their input to Calgary's future!

When input from all the engagement streams was consolidated together, several key themes and some consistent priorities emerged:

Transit - An efficient and reliable public transit network was identified as a top priority consistently across engagement input streams.

Affordable Housing - This emerged as a priority across input streams, expressed as impacting everything from cost of living, to social isolation, to job talent attraction.

Other Transportation - While public transit emerged as a priority on its own, it is clear that how Calgarians get around is a top-of-mind priority, specifically in regard to vehicles, pedestrians and bikeways with noticeably different responses based on geographic location.

Other Community/Urban Planning - Community safety, local parks and amenities, and urban sprawl were commonly recurring priority choices.

Efficiency/Effectiveness - There was an expressed desire for improved demonstration of spending efficiencies in municipal service delivery, particularly regarding the desire to see better communication about efficiency and effectiveness.

Taxes/ Tax Rates - There was an expressed preference to maintain service levels, even if accompanied by tax rate increases. There was also recognition that property taxes could be a burden to those with lower or fixed incomes. Also noted was the need to better inform and demonstrate where tax dollars are spent. Council used the information in the engagement report to inform their decision on Council Priorities at the May 5 Strategic Planning Session of Council. Over the summer months, City Departments and Business Units will use Council's Priorities along with the engagement information as they develop their 2015 - 2018 business plans and budgets. In November, there will be opportunities for citizens and stakeholders to provide comments and thoughts on the consolidated draft Action Plan 2015-2018, including an opportunity to present at Council's Public Hearing as deliberations start on 2014 November 24.

The complete Action Plan Engagement report is available on the Action Plan website, calgary.ca/actionplan.

www.calgary.ca/cns

Canada Day – Our City, Our Country, Our Celebration

Join the party on July 1st 2014. Calgary's largest singleday festival with crowds of 100,000+, this free annual event includes music, roving performers, activities, food and fireworks! Stay tuned to calgary.ca for the latest news about family friendly activities going on all around this great city.

For more information, visit calgary.ca/canadaday.





ANIMAL & BYLAW SERVICES Partnering with Calgarians calgary.ca/bylawservices

Animal & Bylaw Services reminds Calgarians to avoid illegally placing temporary signs

With the arrival of spring, Animal & Bylaw Services would like to remind Calgarians to consult the rules for posting temporary signs before placing them along city streets or in other public areas.

Complaints about temporary signs advertising everything from landscaping to garage sales tend to increase as the weather warms up. If illegally placed, they can cause a public safety concern by impeding the visibility of motorists and pedestrians. They can even cause traffic hazards.

There are proper areas and methods of legally placing signs. To be legal, the bylaw states that temporary signs must be:

- At least 30 metres away from an intersection.
- At least 10 metres away from a crosswalk.
- Two metres from the curb or edge of the road.

It is illegal to place signs:

- On a traffic island, centre median, or if the placement creates a potential traffic or pedestrian hazard.
- On a street light pole, traffic control device, fire hydrant, Plus 15 bridge or sound attenuation wall.
- By permanently affixing them or supporting them with string, rope, wire or metal stakes or if the placement causes damage to municipal property.
- That are larger than 0.6 square metres or 2X3 feet in size.

Calgarians are also reminded to be respectful and ensure that they are not placing signs on private property.

Temporary signs must list the name, address and phone number of the owner and date the sign was placed. The sign cannot be displayed for longer than 14 consecutive days or for more than 24 hours after the advertised event has ended.

Officers can impound any signs found in breach of the bylaw with a \$100 fine per sign. The Temporary Signs on Highways Bylaw 29M97 also includes a list of roadways where signs are prohibited or restricted. To read the bylaw, visit <u>calgary.ca/bylawservices</u>.



community news





Emergency Medical Services

Heat Related Illness

With the return of warmer weather, Alberta Health Services EMS would like to remind citizens to stay safe in the heat and sun this summer. While children and the elderly can be more susceptible to the effects of heat, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and / or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea / vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency that requires prompt treatment. It can be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat the patient may appear flushed and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Limit alcohol consumption as alcohol dehydrates you.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

www.albertahealthservices.ca



community news



Emergency Medical Services



Backyard Play Safety

With summer approaching, Alberta Health Services EMS would like to encourage parents to ensure their backyard play areas are made safe. Direct supervision is the best method to reduce the chance of injury. It is also prudent to ensure play equipment in your yard is suitable for the age and skill of the children using it. Don't forget to check the equipment often, and repair any worn or broken parts. Set up play equipment on a shock-absorbing surface such as sand, wood chips, or pea gravel. Grass may not adequately cushion a fall.

Water hazards

- Ensure all backyard swimming pools are fenced. The fence should be at least 1.5 metres (5 feet) high and have a selflatching, self-closing, lockable gate;
- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water, if it covers their mouth and nose.

Lawn and garden tools

- Keep young children away from outdoor power equipment. Serious burns may result from touching hot engine surfaces;
- Ensure that all tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying, or relocating hives and nests situated near your home;
- To avoid a bite in case of accidentally stepping on a stinging insect ensure your child wears shoes, or sandals;
- If your child has received an 'EpiPenJr' prescription from your physician (for serious anaphylactic emergencies only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, seek medical attention, or call 9-1-1.

www.albertahealthservices.ca





Honourable Michelle Rempel, P.C., M.P. Calgary Centre-North

Report to Constituents – May 2014

The Federal government's top priority remains jobs and economic growth. In my role as Minister of State for Western Economic Diversification, I would like to draw your attention to two recent events that will have long term effects for Calgarians.

I welcomed more than 500 participants to the highly successful Western Innovation Forum on April 16– 17, 2014, in Vancouver, British Columbia. This was a major industry-oriented event aimed at connecting Western Canada's aerospace, marine, defence and security industries with investment, partnership and business opportunities.

Hosted in collaboration with Mitacs and the Canadian Association of Defence and Security Industries (CADSI), the Forum brought together innovators in business, government, academia and key economic sectors to discuss and share ideas and best practices, and to explore opportunities for innovation and technology commercialization – all from a uniquely western Canadian perspective. Forums such as this will continue to foster economic success and create new jobs in western Canada and Calgary.

I was also pleased to announce almost \$3 million in Federal support that will enable the Olds College Apparel Innovation Centre in Calgary, in collaboration with Alberta Garment Manufacturing Ltd., to establish Western Canada's first open-access apparel research and development facility. These funds, matched by monies from private industry, will be used to acquire a broad spectrum of product testing and prototype development equipment. This will provide opportunities for fashion students to obtain necessary education and hands-on experience from market-driven collaboration projects with industry related outcomes.

Once completed, Canadian-based companies and entrepreneurs will have access to a full suite of product testing and development equipment, as well as research services to create advanced textilebased products such as fire and chemical resistant safety gear for the energy, mining and manufacturing industries.

I would also like to clear up some of the confusion regarding riding redistribution. Every 10 years, after the census is conducted, the number of electoral districts (ridings) and their boundaries are revised to reflect population shifts and growth. In keeping with Elections Canada directives, Calgary Centre-North is being divided into two new ridings for the next general election. The new ridings will be called Calgary Confederation (the south of the current riding) and Calgary Nose-Hill (the north of the current riding).



Brought to you by the Brentwood Community Association



Date: Wednesday, June 18, 2014 <u>Time:</u> 7 p.m. to 9 p.m. <u>Location:</u> Brentwood Community Association 1520B Northmount Drive NW - Upstairs Hall <u>Presented by:</u> Constable West—Economic Crime Unit <u>Cost</u>: Free!

Presentation summary: Fraud Exhibits will be presented and information on Ponzi Schemes (Things that are to good to be true) will be discussed

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Hounsfield Heights-Briar Hill Community





Indoor Soccer 2013-2014 Season - Update by Eve Miller

HH-BH had a very successful Indoor Soccer season. Over 70 players participated in the CMSA league.

- The U10 Boys had a fantastic year winning the silver medal in their division.
- The U10 Girls team also won the silver medal having only lost two games throughout the season.
- The U12 Boys welcomed many new players to indoor soccer and competed hard in their Tier.
- The U12 Girls played tough winning the gold medal at the Tier IV Inter Cities.
- The U14 Girls played great winning the silver medal at the Tier V Inter Cities.
- The U16 Boys who have been playing together for many years had a very successful season against fierce opponents.

Please look for Indoor Soccer Registration in August.



Sears Plume Open House

The Sears Gas Plume Open House was held May 27, at the HH-BH Gym, and was attended by some 40 residents/owners/occupants of the Hounsfield Heights-Briar Hill Community.

Sears and Clifton (Sears' consultant/operator) made a 20-minute slide presentation of the Updated Site Management Plan (2014) work and information envisioned for the Community.

Those booths were manned by representatives of the stakeholders: Sears Canada from Toronto, Clifton Associates, Alberta Environment, Alberta Health Services, The City of Calgary Environment Dept., Intrinsik (health assessment) and the Gas Plume Committee. Five board members of the HH-BH CA were also present. Regretfully, no one from Ward 7 attended.

Clifton collected questions from the attendees, whose addresses were requested, and mentioned that they intend to compile and distribute those to all. Although no timeline and milestones were presented for the complete remediation of the HH Site, we were lead to believe that it would very likely to be a multi-year effort. It was gratifying for the Community to finally get some comfort that the remediation of the affected site would proceed. Sears representatives verbally assured us that Sears is committed to clean-up our Community.



Emmanuel Malterre Sears Plume Director



My name is April Taylor, and I am participating in The Enbridge Ride to Conquer Cancer in August. This is a 200km cycling journey along the majestic Canadian Rockies benefiting the Alberta Cancer Foundation.

Please view my page, and consider donating to help me reach my fundraising goal of \$2,500! http://www.conquercancer.ca/goto/ATaylor







HHBH Gym Drop-in Programs

Badminton: Tuesday – Friday 9 am – 12 pm

Pickleball: Wednesday 1 pm – 3:30 pm

Rates: \$4 per person, \$3 for seniors (55+)

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Hounsfield Heights-Briar Hill Community

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Briar Hill is the community that we call home. It follows naturally that where we live, work and play is where we provide our services to friends and neighbors. This is the community where we were raised and have chosen to raise our families.

Being that this is an area in the city we love, it is also fitting that we love to sell this community. As much as we sell homes, it is also true that we sell communities. And while we align the needs of our clients with properties, it is common for us to find ourselves promoting the part of this city we call home.



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